

SDYS Program Referral Chart During COVID-19

As “essential services,” San Diego Youth Services (SDYS) continues to serve some of San Diego’s most vulnerable youth during the COVID-19 public health emergency. Many services are now available by telehealth, which means by telephone or Zoom. **To get help or make a referral for any of our services, call or text (619) 241-0608.**

Program	Eligibility	Services Offered	Who Can Refer
Adoption Support			
Adoption Support Services	Adoptive families	<ul style="list-style-type: none"> • Therapy (telehealth) • Mentor/tutoring (limited availability- telehealth) • Family Advocate Coordinator for each family (parent coaching, referrals, support etc. via telehealth) • Support groups for all members of family (via telehealth) 	Anyone
Anti-Bullying Awareness and Support			
Anti-BIAS	Youth experiencing bullying and attend either a Santee School District, Grossmont Unified High School District, La Mesa-Spring Valley School District or Cajon Valley Unified School District school.	<ul style="list-style-type: none"> • Case management via telehealth <ul style="list-style-type: none"> • Advocacy • Counseling – individually, with the family via telehealth 	School staff, case managers, self-referrals
Child Sex Trafficking, Awareness and Recovery			
I CARE	<ul style="list-style-type: none"> • Youth up to age 21 at-risk or currently involved in Commercial Sexual Exploitation 	<ul style="list-style-type: none"> • Individual and family therapy via telehealth • Case management via telehealth <ul style="list-style-type: none"> • Employment and education support via telehealth • Family/caregiver support via telehealth • Youth support via telehealth • Drop-in center open regular hours following guidelines <ul style="list-style-type: none"> • Outreach via telehealth 	Anyone

Program	Eligibility	Services Offered	Who Can Refer
STARS	Any youth age 12-24 who meets the federal definition of Human Trafficking	<ul style="list-style-type: none"> • Case management via telehealth • Therapy via telehealth • Support groups via telehealth 	Anyone

Foster Care Services

Independent Living Skills (ILS)	Current and former foster youth in East and Metro regions, ages 16-21	<ul style="list-style-type: none"> • ILS workshops via telehealth • Drop-in Center only by appointments for emergency essentials/supplies. • Case management via telehealth 	Extended Foster Care workers, ILS County and Probation Officer
Resource Family Agency (Foster Care)	<ul style="list-style-type: none"> • Age 0-18 • Currently in out-of-home care 	<ul style="list-style-type: none"> • Case management via telehealth • Therapy for youth and their families via telehealth • 24/7 support via phone/telehealth 	The County refers cases for placement

Homeless Housing and Support Services

Safe Family Services	<ul style="list-style-type: none"> • Age 18-24 • At risk for homelessness and history/current Domestic Violence 	<ul style="list-style-type: none"> • Case management and housing support via telehealth • Therapy via telehealth • Financial assistance 	Anyone
Take Wing	<p><u>TLP</u>- Youth ages 16-21 (16 and 17 year olds must be legally emancipated) at risk of homelessness.</p> <p><u>Section 8</u>- Youth 18-24, parenting, and at risk of homelessness</p> <p><u>TYH</u>- Youth 18-24 years old, were in foster care in San Diego on or after their 16th birthday, and at risk of homelessness.</p>	<ul style="list-style-type: none"> • Affordable housing apartment units located in Point Loma • Case management via telehealth • Linkage to community resources via telehealth • 24-hr crisis intervention and support via phone/telehealth 	<p><u>TLP and Section 8</u>- Anyone</p> <p><u>TYH</u>- youth are referred through the county of San Diego Health and Human Services Agency</p>

Program	Eligibility	Services Offered	Who Can Refer
TAY Academy	Youth ages to 14 and 25	<ul style="list-style-type: none"> • Basic needs - showers, food, laundry, hygiene • Resources and referrals case management & coaching via telehealth • Housing assessments via telehealth • Street Outreach: resource linkage and case management services for runaway and homeless youth 21 and under 	Anyone (Drop-in only, no referral process)
THP+FC	<ul style="list-style-type: none"> • 18-21 y/o • In Extended Foster Care • Able to live independently 	<ul style="list-style-type: none"> • Affordable transitional housing • Case management services via telehealth 	County of San Diego HHS social workers only
THP+PLUS	Youth connected to the extended foster care system ages 21-24 years	<ul style="list-style-type: none"> • Affordable transitional housing • Case management services via telehealth 	<ul style="list-style-type: none"> • County of San Diego HHS social workers/social workers from other counties • THP and ILS staff
YHDP Prevention and Diversion	Youth 18-24	<p>Prevention-keeping youth in their current housing placement; paying back rent or rent due.</p> <p>Diversion-alternatives to youth homeless; pay a youth's deposit, credit check or first month's rent. (Both usually one-time events).</p> <p>Case management for housing and other needed services. Connect to resources for VI-SPDAT/Triage tool</p>	Anyone
YHDP Transitional Housing/Rapid Rehousing Program	Youth 18-24 who have completed the VI-SPDAT/Triage tool to get a Homeless Management Information System (HMIS) Coordinated Entry System (CES) referral	Rapid rehousing through the above YHDP services	anyone

Program	Eligibility	Services Offered	Who Can Refer
Youth Emergency Shelter	Homeless or runaway youth age 12-17	<ul style="list-style-type: none"> • Emergency shelter • Case management • Facilitated referrals 	Anyone
Juvenile Delinquency Diversion and Intervention			
Alternatives to Detention (ATD)	Youth with contact with law enforcement/on probation, age 11-17, 12-17 for cool bed	Telehealth support services, home supervision services, Cool Bed services, case management, individual and family counseling via telehealth	DA, Law Enforcement, Probation Officer and self with Probation Officer's knowledge
Alternatives to Detention (ATD) Coolbed	Youth ages 12-17yrs. Youth who have committed an offence and /or are currently on Juvenile probation who will typically need to be detained in Juvenile Hall, however cannot stay at home due to other reasons, such as safety.	Short-term residential placement that provides temporary shelter and structured from a certified host family, providing youth and their families a two-week, cooling-off period	Misdemeanor family crimes as Battery and Vandalism (In home)
BridgeWays	Justice involved youth or youth at risk of justice involvement up to age 21	<ul style="list-style-type: none"> • Individual and family therapy via telehealth • Substance abuse intervention & recovery via telehealth • Family support services by Family Support Partner via telehealth • Psychiatric services via telehealth 	Anyone
Choice	Youth between 11-18 currently on formal probation living in the 92102, 92113, 92114, 92115, 92105 zip codes (North, Central and South Regions, specific zip codes listed)	Intensive mentorship, advocacy and supervision for youth on formal probation in collaboration with the Probation Officers, case management services, home visits 7 days a week via tele health.	Probation Officers only

Program	Eligibility	Services Offered	Who Can Refer
Community Assessment Team (CAT)	Any youth ages 6-18 in East County	<ul style="list-style-type: none"> • Case Management via telehealth • Groups with peers via telehealth <ul style="list-style-type: none"> • Counseling via telehealth • Parent Support via telehealth <ul style="list-style-type: none"> • Cool bed 	Anyone

LGBTQ+

Our Safe Place	<ul style="list-style-type: none"> • LGBTQ+ youth up to age 21 (and their families) 	<p>Individual/family/group psychotherapy, psychiatric services, case management, rehabilitative services via telehealth</p> <ul style="list-style-type: none"> • Four (4) LGBTQ+ drop-in centers that offer supportive services to LGBTQ+ youth - following Pandemic Orders • Support groups for caregivers via telehealth 	Anyone
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Mental Health Services

Camp Mariposa	Youth ages 9 -12 who are impacted by substance abuse in their families past or present.	Overnight weekend camps (postponed). Additional activities via telehealth for campers and alumni, psychoeducation activities via telehealth	Anyone
Counseling Cove	<ul style="list-style-type: none"> • Ages 12-21 • Currently experiencing homelessness, unstably housed, or running away from home 	<ul style="list-style-type: none"> • Individual and family therapy via telehealth • Case management via telehealth <ul style="list-style-type: none"> • Psychiatry via telehealth 	Anyone
Dallas 180	Granite Hills High School Students	Case management & financial support due to COVID-19	Granite Hills

Program	Eligibility	Services Offered	Who Can Refer
East County Behavioral Health Clinic (ECBHC)	Up to age 21, living or attending school in East County	<ul style="list-style-type: none"> • Individual and family therapy via telehealth • Group therapy via telehealth • Case management via telehealth • Psychiatric services via telehealth 	Anyone
Prevention and Early Intervention (PEI)	Student or family member of children enrolled in: Bancroft Elementary School and La Presa Elementary School within the La Mesa Spring Valley School District, and Naranja, Madison, and Meridian Elementary schools within the Cajon Valley School District	<ul style="list-style-type: none"> • Incredible Years (IY) Classroom curriculum (weekly classroom lessons) via telehealth • IY Small group for children preK-3rd • IY Parenting Support group • Screening and referrals for prevention and early intervention services 	Teachers, counselors, principals, or other school administrative staff (of the identified 5 schools served). Self-referrals
* See also I CARE and Our Safe Place for additional mental health services			
Suicide Prevention and Intervention			
HERE Now	7th-12th grade school sites in San Diego	Suicide prevention and grief support to families, school and community partners via telehealth	Schools
Teen Pregnancy Prevention and Intervention			
Teen Pregnancy Prevention Program (TPPP)	Youth ages 13-18 in schools in East County	<ul style="list-style-type: none"> • Facilitating evidence-based comprehensive sexual health education via telehealth 	Schools within the East County Region