The image is a composite of two histological micrographs. The top portion shows a cross-section of a tissue layer with a dense, cellular appearance and a distinct boundary. The bottom portion shows a more complex tissue structure with elongated, spindle-shaped cells and a network of fibers. A semi-transparent white rectangular box is centered over the image, containing the text 'Microanatomy-Histology (tissues)'.

# Microanatomy-Histology (tissues)

# Levels of Organization

least complex

most complex

Chemical level>cellular level>**Tissue level**>Organ level>Organ system level>Organism level

# Four types of tissues

- Epithelial tissue
- Connective tissue
- Muscular tissue
- Nervous tissue

# Epithelial tissue

- Sheets of cells that cover exposed surfaces, line body cavities, ducts, and vessels
- Properties of epithelial tissue:
  - Cellularity
  - Attachment to the basement membrane
  - Polarity
  - Avascularity
  - Regeneration

# Properties of epithelial tissue

**Cellularity**-the cells are closely bound to each other by cell junctions (tight junction, desmosome) making a wide sheet

**Attachment**-the deepest (basal) layer is attached to the basement membrane

**Polarity**-opposite ends (superficial/deep ) of the cells have distinct features.

The basal end of a cell is closer to the basement membrane.

The apical end of the cell is closer to the superficial border.

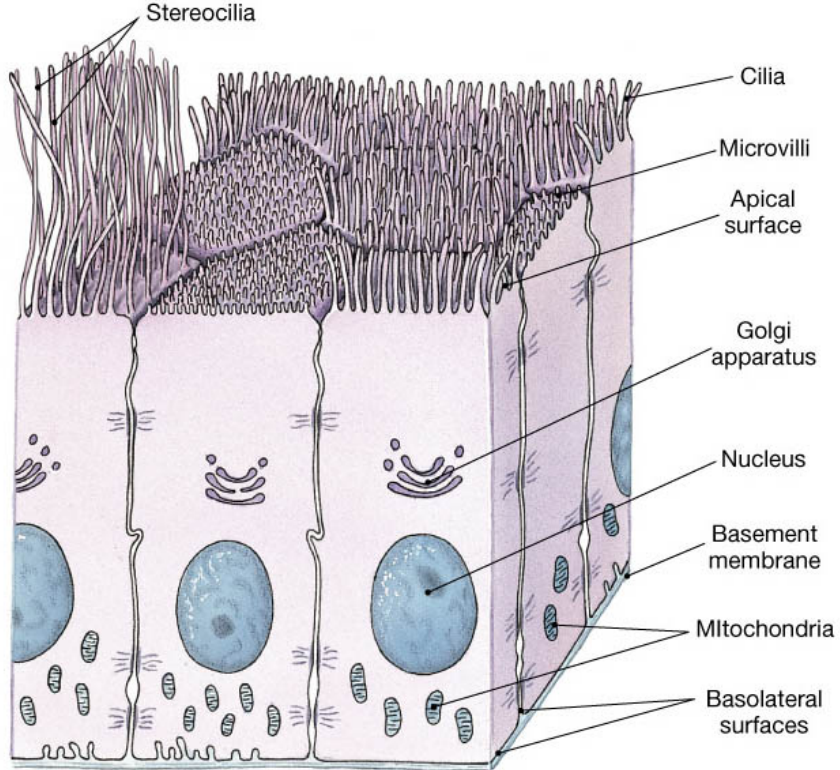
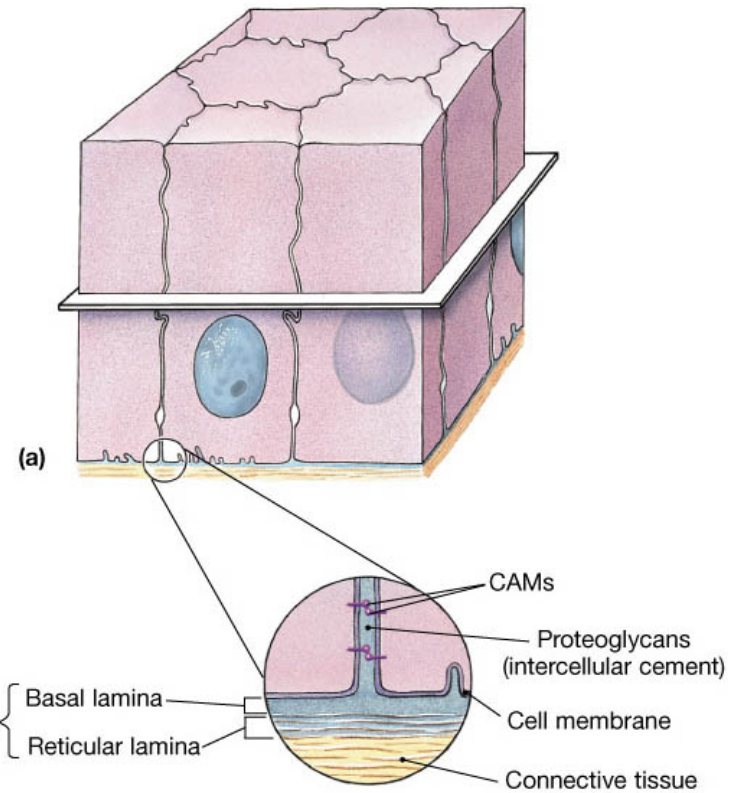


Fig 3.2

(a)

Fig 3.3



(a)

(b)

**Avascularity**-lacking blood vessels. Epithelia must be in close contact with other vascular tissue (usually connective tissue)

**Regeneration**-damaged tissue is re-grown

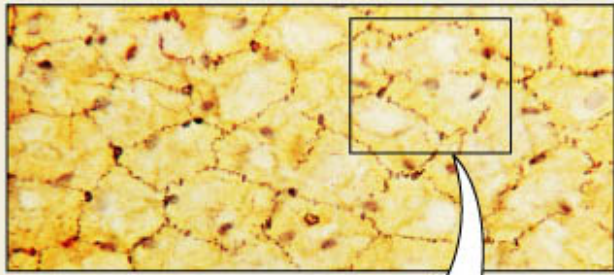
Stem cell research is trying to discover how to regenerate cardiac and neural cells

# Layering of epithelial cells

- **Simple layer-1** layer of cells (all cells contact the basement membrane = BM)
- **Stratified layer-2** or more cell layers deep, only the deepest touches the BM
- **Pseudostratified-1** cell layer (layering appears to be stratified due to irregular shape)

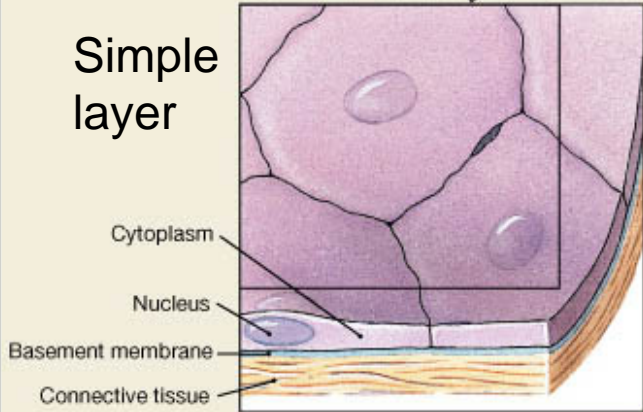


secretion

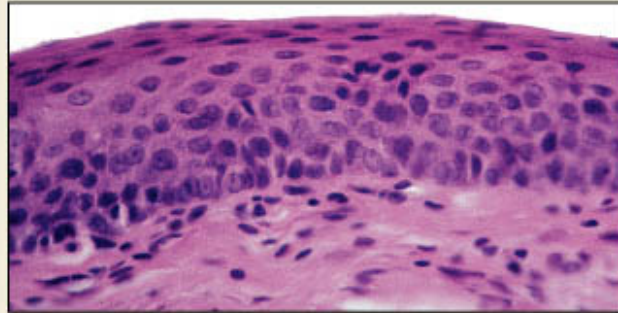


Mesothelium × 197

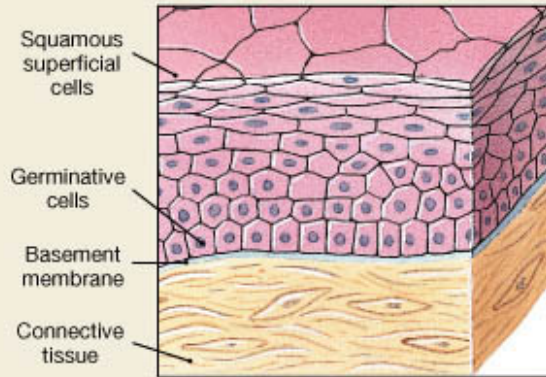
Simple layer



(a)



Stratified squamous epithelium (nonkeratinized) × 310



(b)

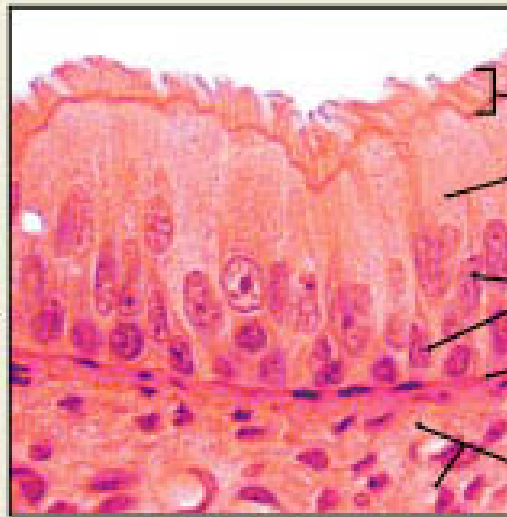
Fig 3.4

Stratified layer

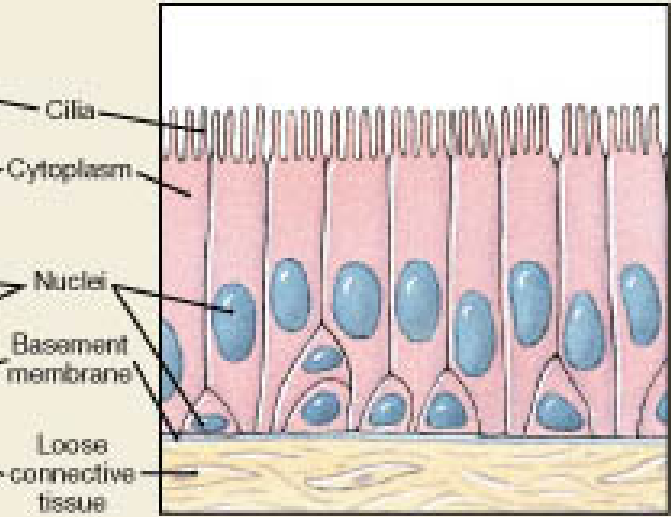
Pseudostratified layer

Fig

3.6



Trachea × 251



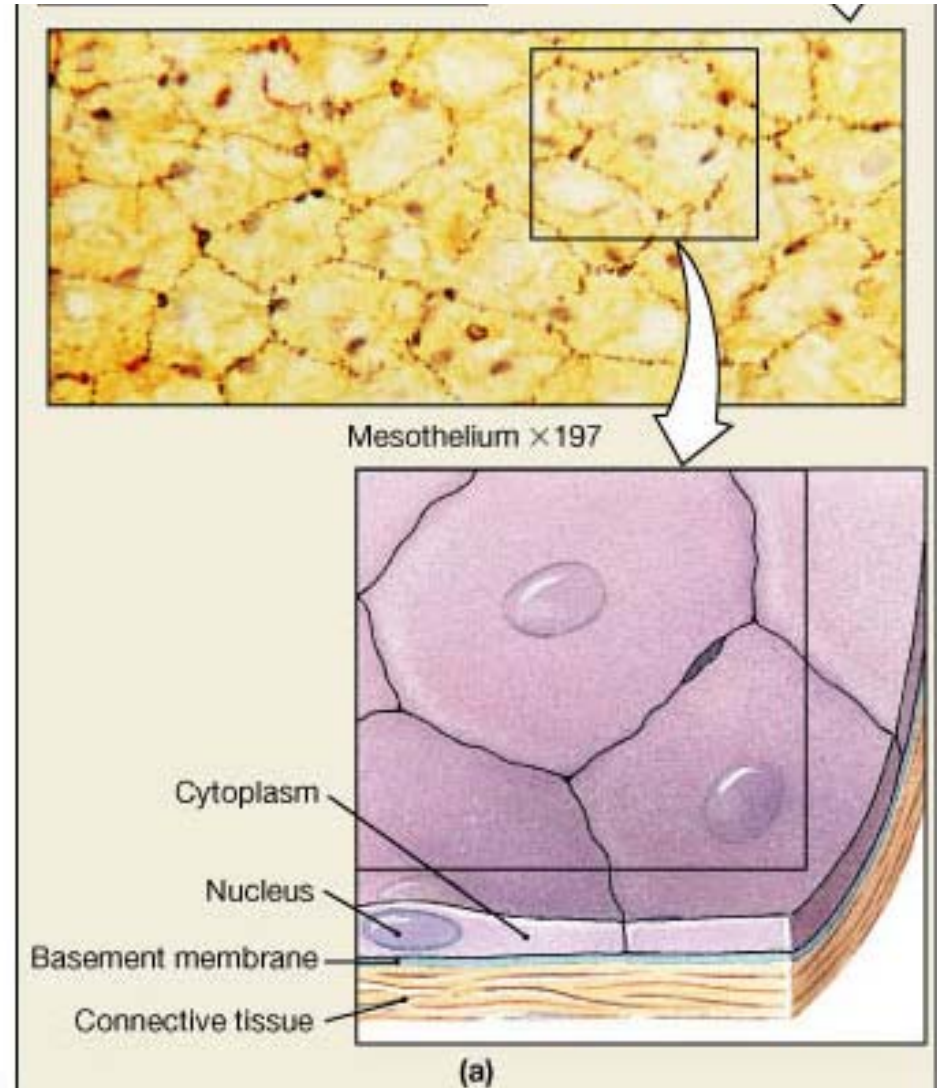
(b)

# Cell shape

- Three general shapes of epithelial cells:
- Squamous
- Cuboidal
- Columnar

# Squamous

- flat, irregular-shaped cells ( eggs sunny side up)



Fig

3.4

# Cuboidal

- Cube-shaped cells

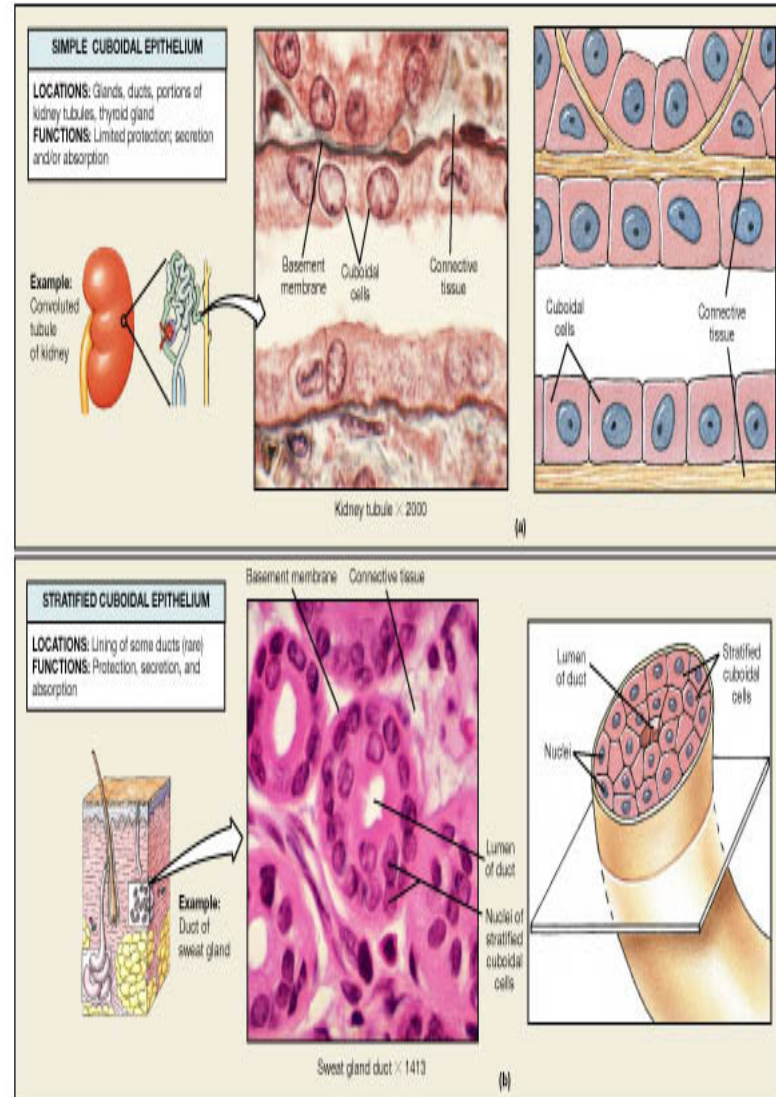
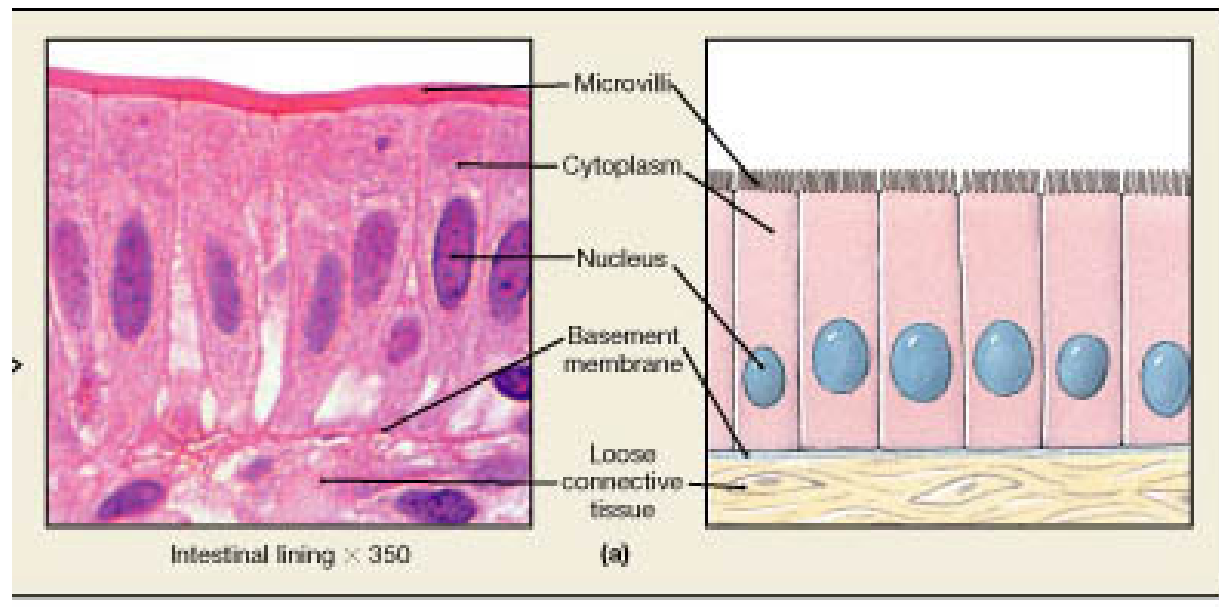


Fig  
3.5

# Columnar

- Tall, thin cells (column-like)



Fig

3.6

# Epithelial tissue types

Layering and shape are combined to name specific types of epithelial tissue example:

Simple squamous

Simple cuboidal

Stratified cuboidal

# Glandular epithelia

- Exocrine glands-release secretions onto the surface of epithelia
- Glands are composed of epithelia cells
  
- Types of glands:
  - Serous glands
  - Mucous glands
  - Mixed exocrine glands

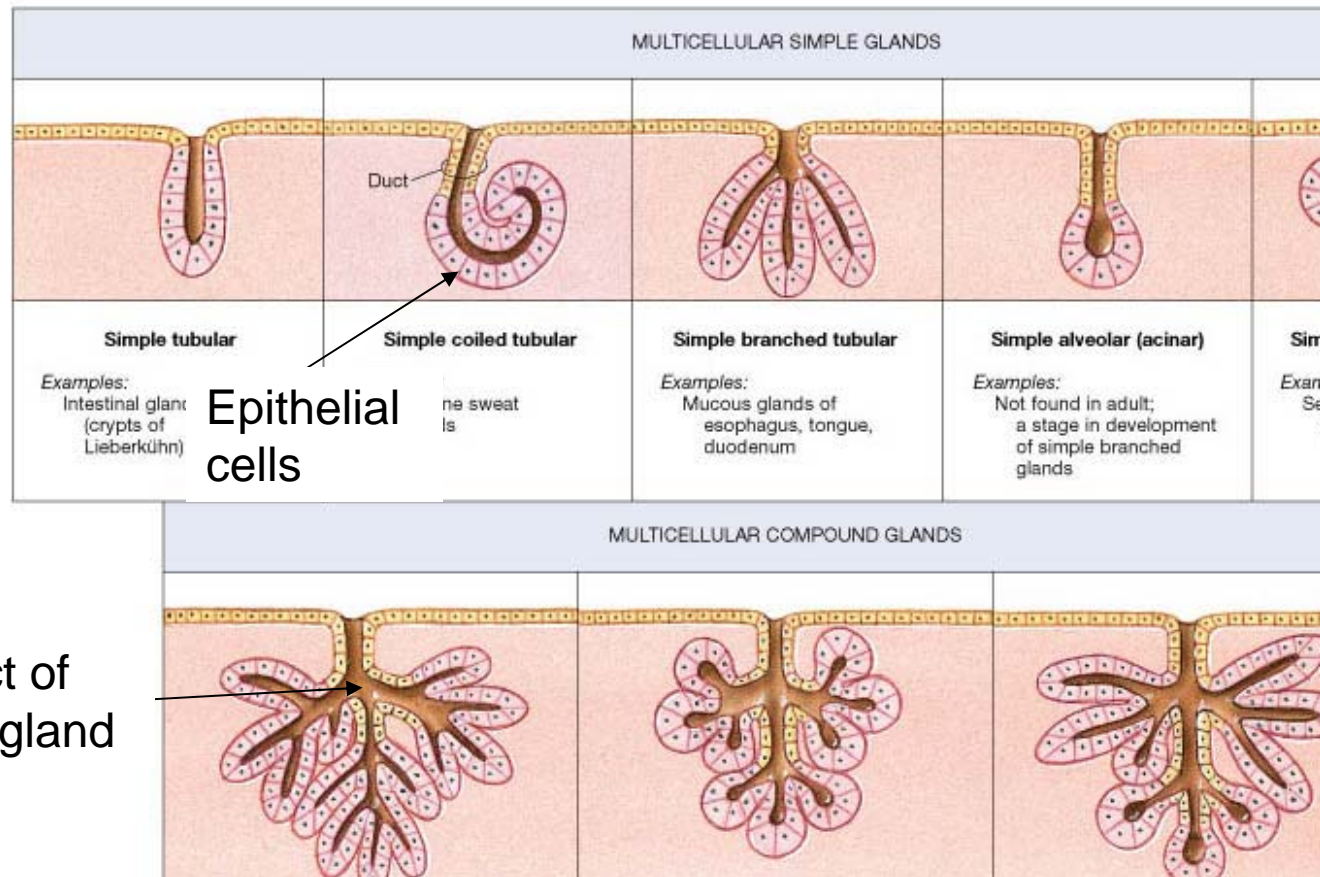
# Types of glands

- Serous glands-Screte a serous solution-watery
- Mucous glands-Screte a mucous secretion-mucus
- Mixed exocrine glands-Screte both serous and mucous



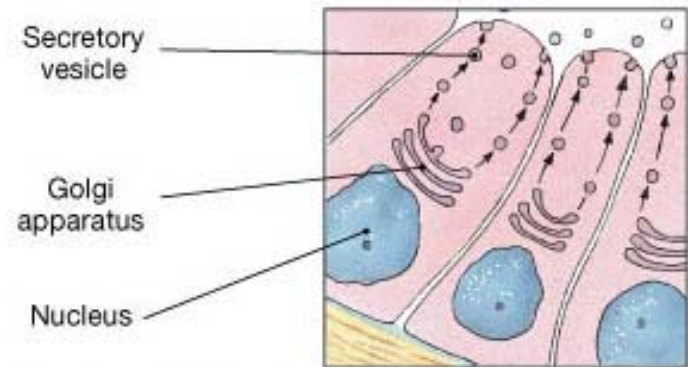
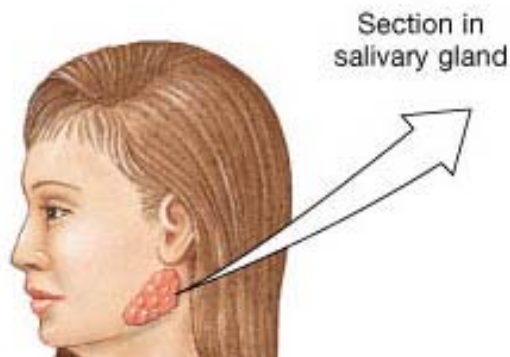
# Mechanisms of exocrine release

- Three mechanisms (the method by which secretions are released from cells):
  - Merocrine
  - Apocrine
  - Holocrine



# Merocrine

- Secretions are released by exocytosis
  - ie. Salivary glands, eccrine sweat glands

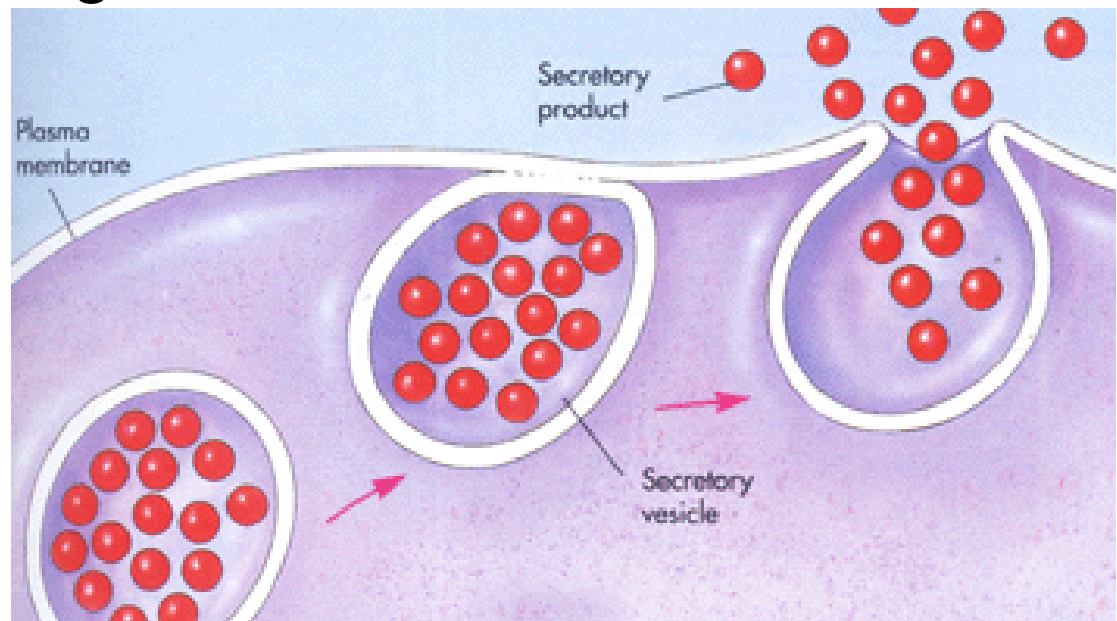


(a) Merocrine secretion

Fig  
3.9

# Exocytosis

- Moving molecules out of the cell
- A vesicle fuses to the inside of the membrane releasing contents to the extracellular fluid



# Apocrine

- Secretions are released when the apical end of the cell is shed.
  - ie. Lactiferous glands

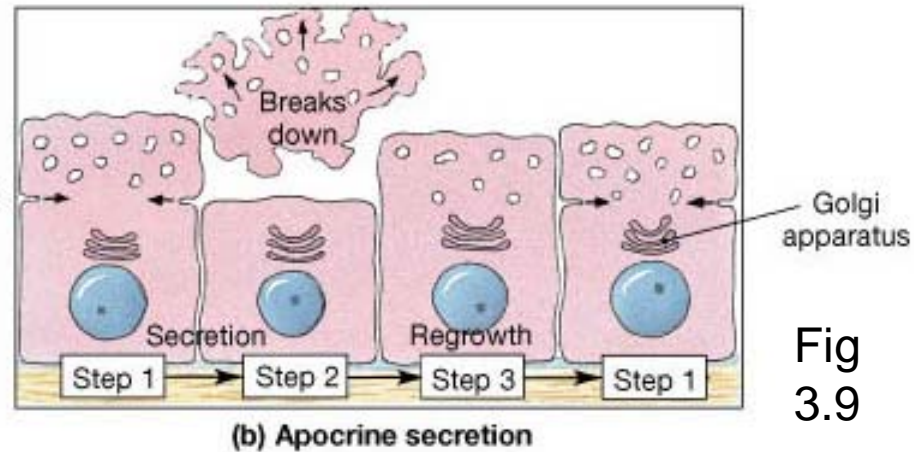
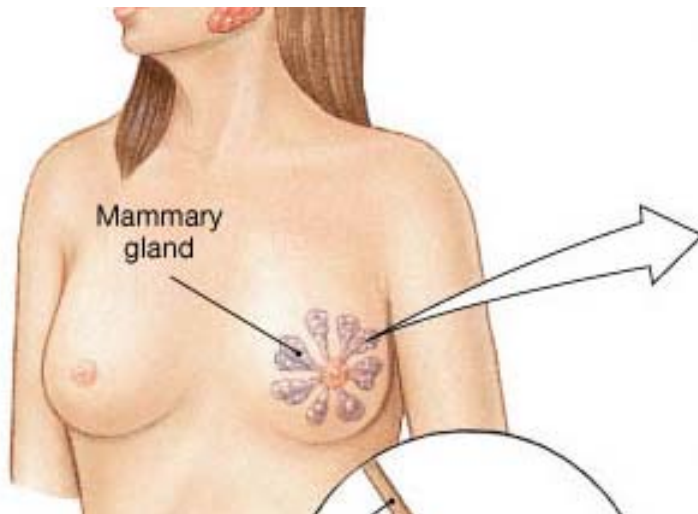
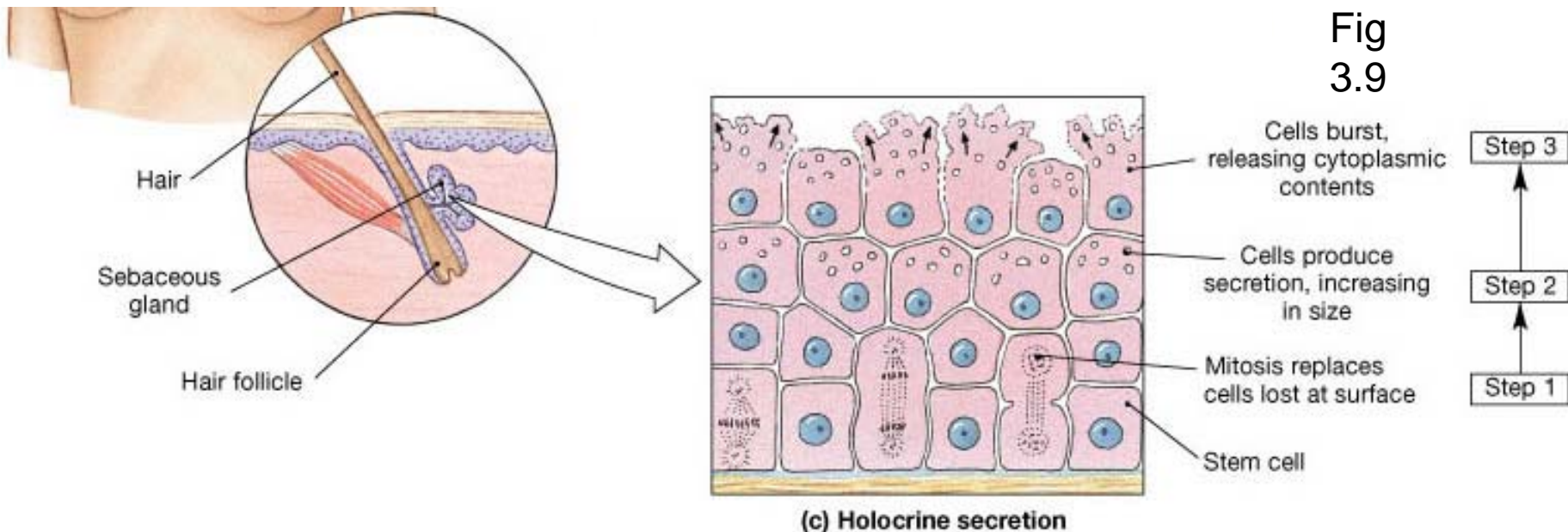


Fig  
3.9

# Holocrine

- Secretions are released when the cell membrane ruptures
  - ie. Sebaceous glands

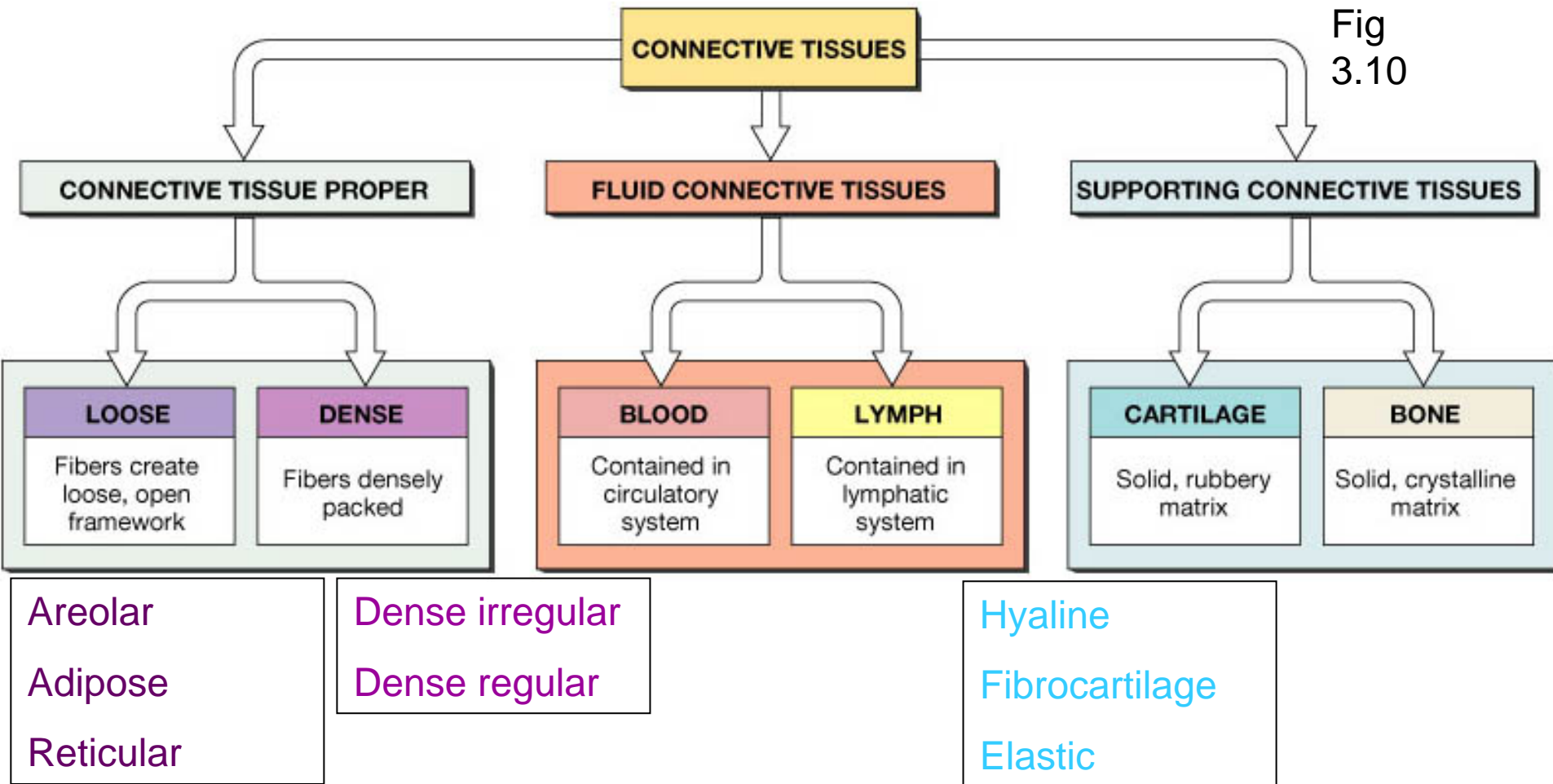


# ?’s About epithelial tissue

- Chapter 3 in the text

# Supports, surrounds & interconnects other tissue types

Fig 3.10



# Connective tissues fibers

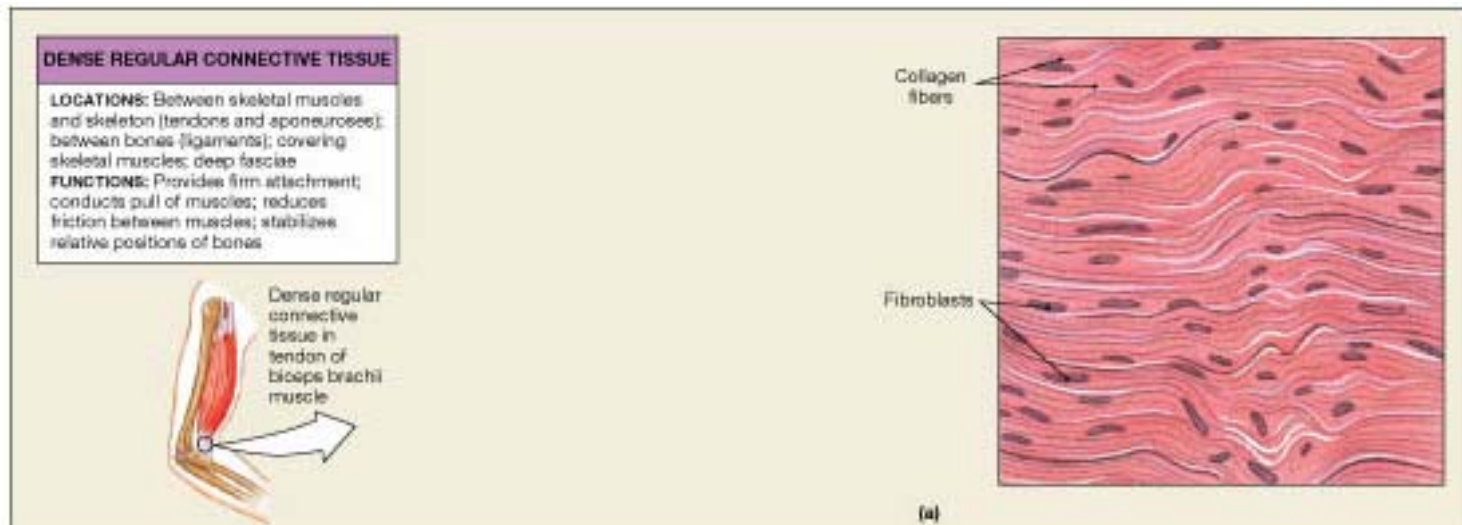
- Three types produced by fibroblasts:
  - Collagen fibers
  - Reticular fibers
  - Elastic fibers



# Collagen fibers

- Long thick fibers act like a tough rope to provide tensile strength
  - tendons

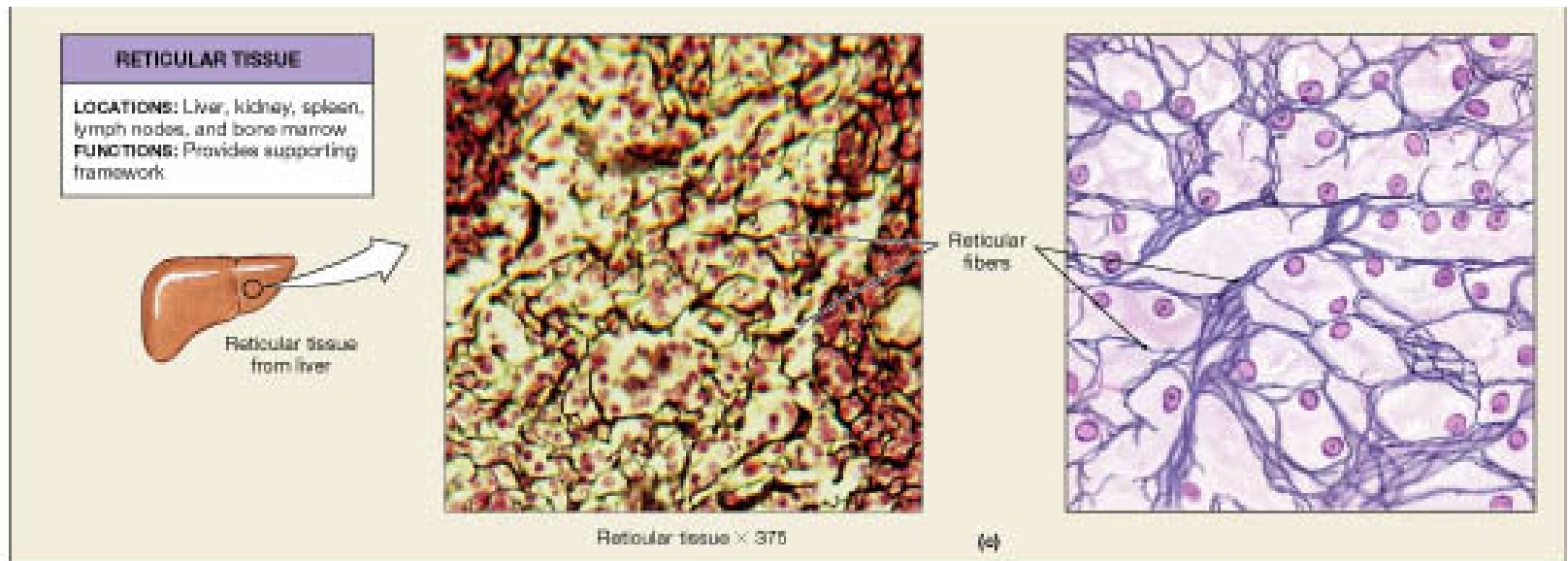
Fig  
3.14



# Reticular fibers

- Thin branching fibers that form a framework of an organ
  - ie. liver

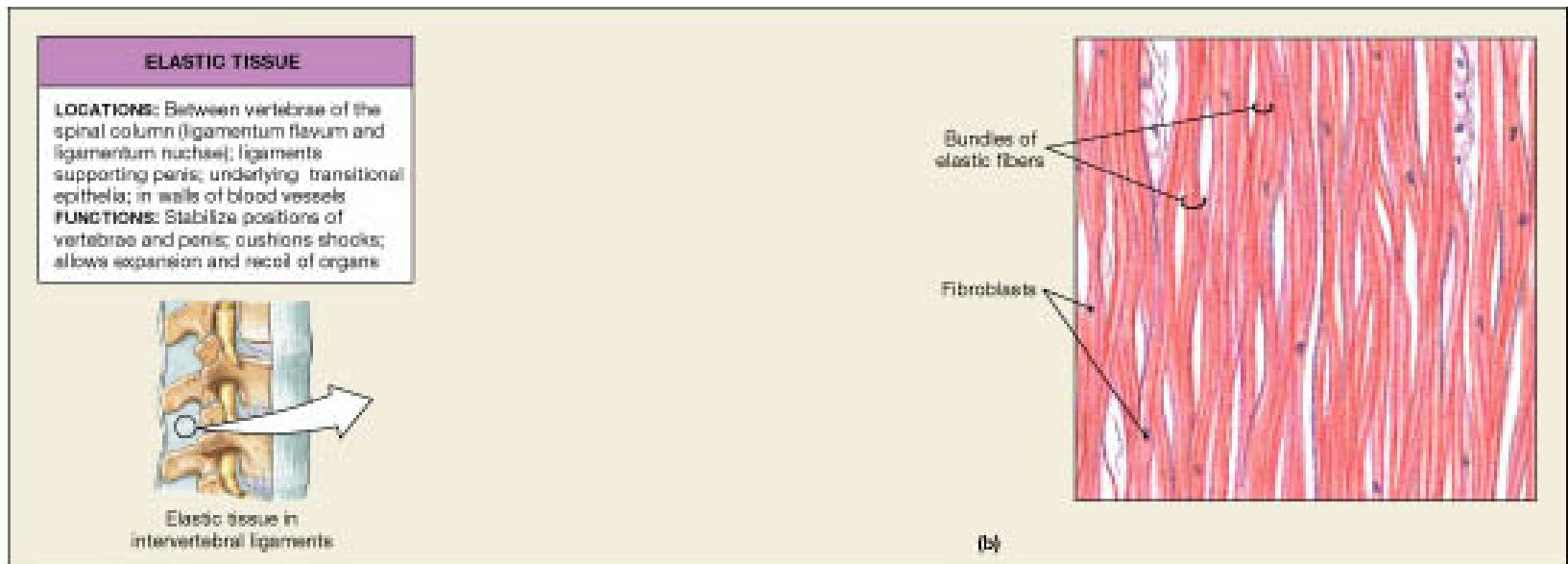
Fig  
3.13



# Elastic fibers

- Act like rubber bands found in areas of stretching
  - Elastic ligaments

Fig  
3.14



# Cells of connective tissue proper

- Fixed cells-stationary
  - Fibroblasts-produce CT fibers
  - Fixed macrophages-destroy pathogen
  - Adipocytes-store lipid
  - Mesenchymal-stem cells
  - Melanocytes-produce pigment

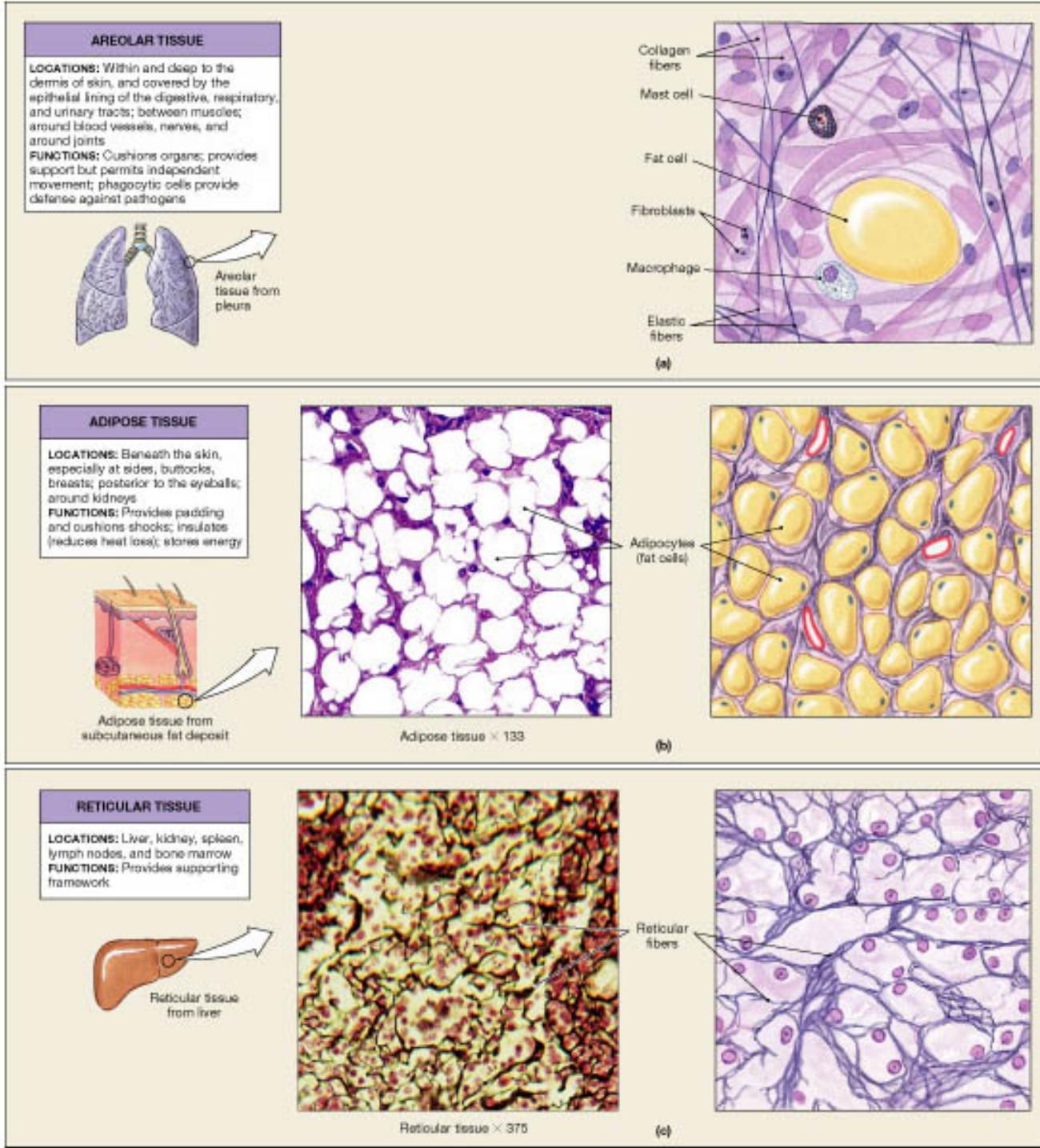
# Cells of connective tissue proper

- Wandering cells-move through circulation
  - Free macrophages-destroy pathogens
  - Mast cells-stimulation inflammation
  - Lymphocytes-immune function
  - Microphages-immune function during injury/infection

# Loose CT-provides cushioning

- Areolar CT-superficial region of the dermis, around blood vessels, nerves, & joints
- Adipose CT-hypodermis, posterior to the eyes, surrounding the kidneys
- Reticular-liver, kidney, spleen

Fig  
3.13



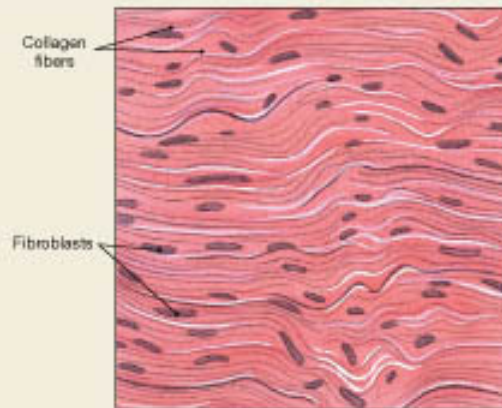
# Dense CT

- Dense irregular CT-dermis & joint capsules (collagen fibers in a interwoven network)
- Dense regular CT-tendons, aponeuroses, elastic tissue, & ligaments (collagen fibers arranged parallel to each other)



### DENSE REGULAR CONNECTIVE TISSUE

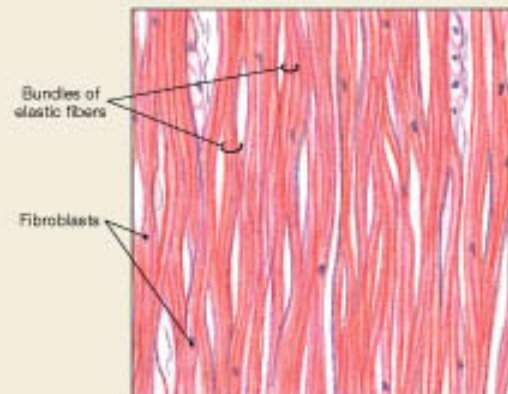
**LOCATIONS:** Between skeletal muscles and skeleton (tendons and aponeuroses); between bones (ligaments); covering skeletal muscles; deep fascia  
**FUNCTIONS:** Provide firm attachment; conducts pull of muscles; reduces friction between muscles; stabilizes relative positions of bones



(a)

### ELASTIC TISSUE

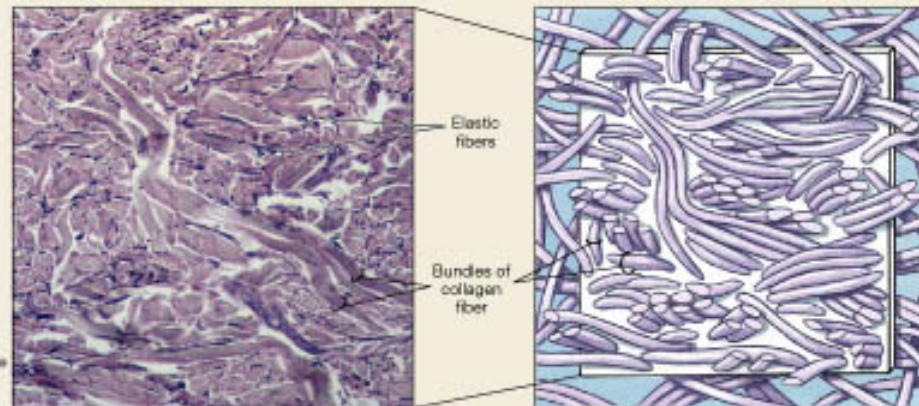
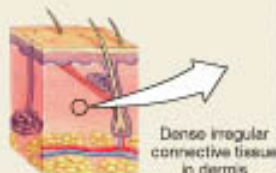
**LOCATIONS:** Between vertebrae of the spinal column (ligamentum flavum and ligamentum nuchae); ligaments supporting penis; underlying transitional epithelia; in walls of blood vessels  
**FUNCTIONS:** Stabilize positions of vertebrae and penis; cushions shocks; allows expansion and recoil of organs



(b)

### DENSE IRREGULAR CONNECTIVE TISSUE

**LOCATIONS:** Capsules of visceral organs; dermis of skin; periosteum and perichondria; nerve and muscle sheaths  
**FUNCTIONS:** Provides strength to resist forces applied from many directions; helps prevent overexpansion of organs such as the urinary bladder



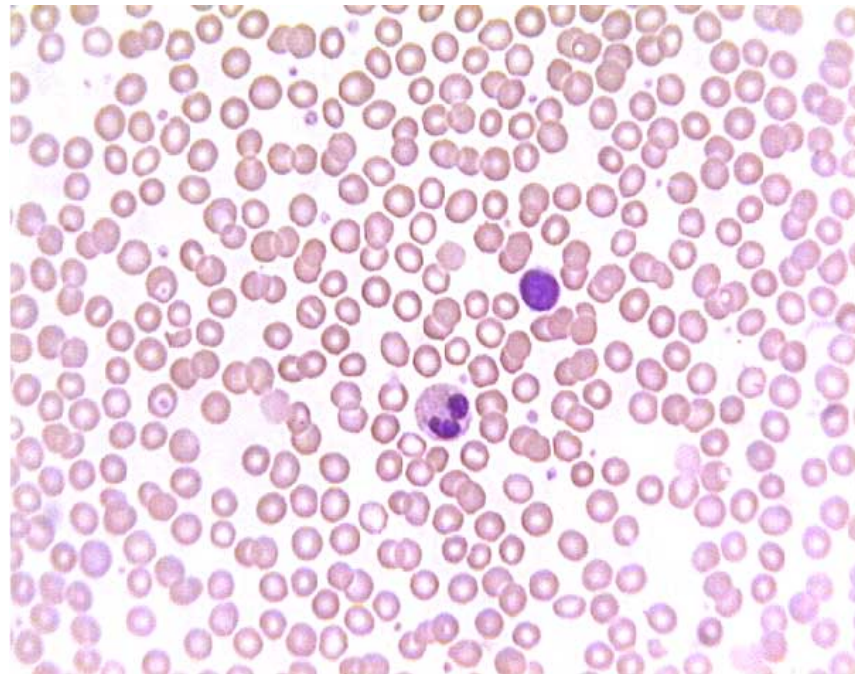
Dermis  $\times 111$

(c)

Fig  
3.14

# Fluid CT-fluid with many cells within

- Blood-fluid in the cardiovascular system
- Lymph-fluid in the lymphatic system

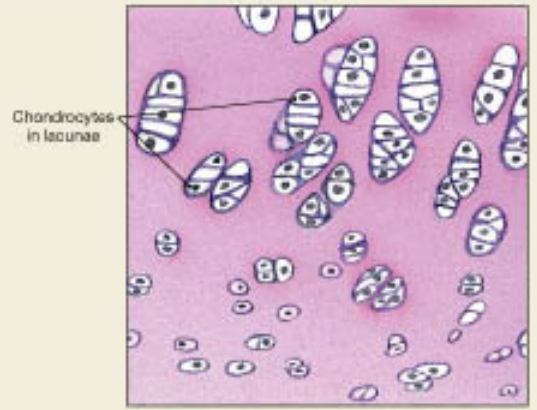


# Supporting CT

- Cartilage-firm avascular gel
  - Hyaline cartilage- between ribs and sternum, trachea, cartilage covering bones at joints (drumsticks)
  - Fibrocartilage-symphysis pubis, intervertebral discs
  - Elastic cartilage-otic region, nose
- Bone-mix of collagen and calcium salts

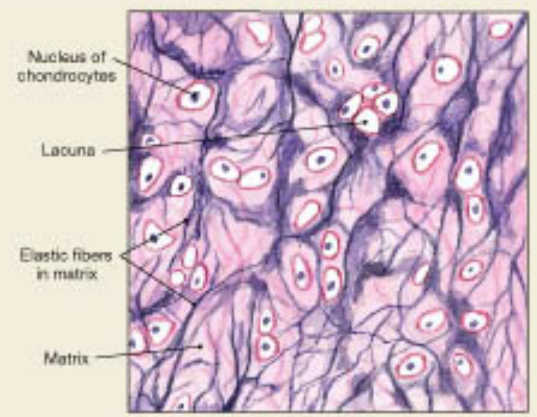
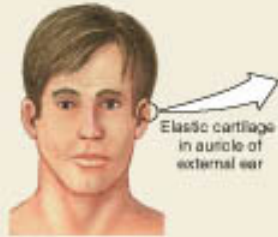
Fig 3.17

**HYALINE CARTILAGE**  
**LOCATIONS:** Between tips of ribs and bones of sternum; covering bone surfaces at synovial joints; supporting larynx (voicebox), trachea, and bronchi; forming part of nasal septum  
**FUNCTIONS:** Provides stiff but somewhat flexible support; reduces friction between bony surfaces



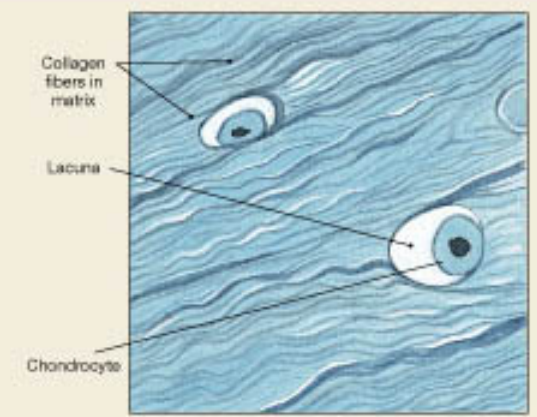
(a)

**ELASTIC CARTILAGE**  
**LOCATIONS:** Auricle of external ear; epiglottis; auditory canal; cuneiform cartilages of larynx  
**FUNCTIONS:** Provides support but tolerates distortion without damage and returns to original shape



(b)

**FIBROCARTILAGE**  
**LOCATIONS:** Pads within knee joint; between pubic bones of pelvis; intervertebral discs  
**FUNCTIONS:** Resists compression; prevents bone-to-bone contact; limits relative movement



(c)

# ?’s About connective tissue

- Chapter 3 in the text

# Muscular tissue

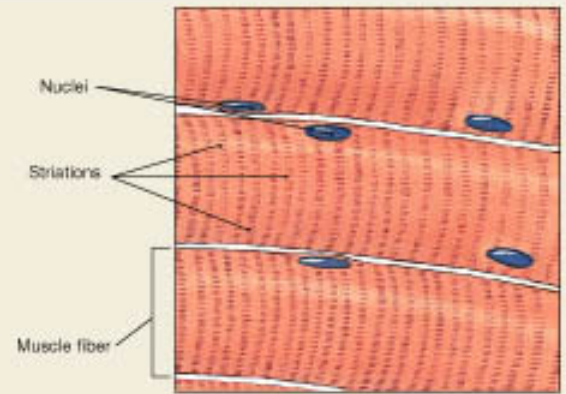
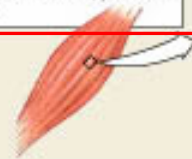
- Muscle tissue is contractile and produce force
- Three types:
  - **Skeletal muscle**-muscles attached to the skeleton, voluntary controlled by nervous sys.
  - **Cardiac muscle**-heart, involuntary control
  - **Smooth muscle**-blood vessels, hollow organs (urinary bladder, uterus), iris, involuntary control



**SKELETAL MUSCLE TISSUE**  
 Cells are long, cylindrical, striated, and multinucleate.

**LOCATIONS:** Combined with connective tissues and nervous tissue in skeletal muscles such as the leg muscles or arm muscles

**FUNCTIONS:** Moves or stabilizes the position of the skeleton; guards entrances and exits to the digestive and respiratory tracts and exit to the urinary tract; generates heat; protects internal organs

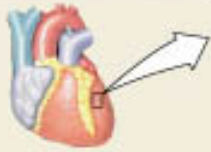


(a)

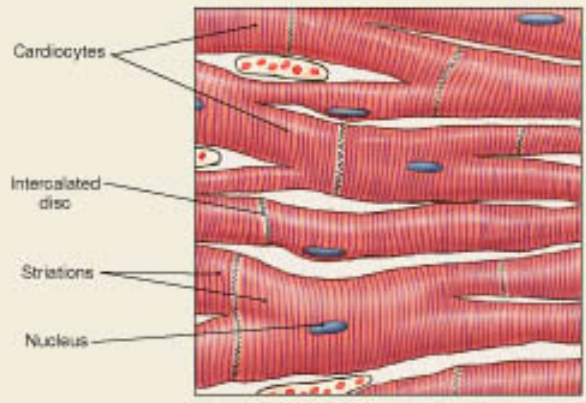
**CARDIAC MUSCLE TISSUE**  
 Cells are short, branched, and striated, usually with a single nucleus; cells are interconnected by intercalated discs.

**LOCATION:** Heart

**FUNCTIONS:** Circulates blood; maintains blood (hydrostatic) pressure



Contain Intercalated discs

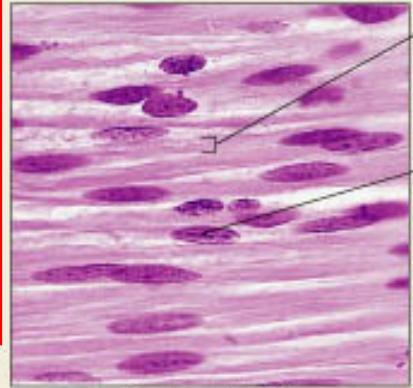


(b)

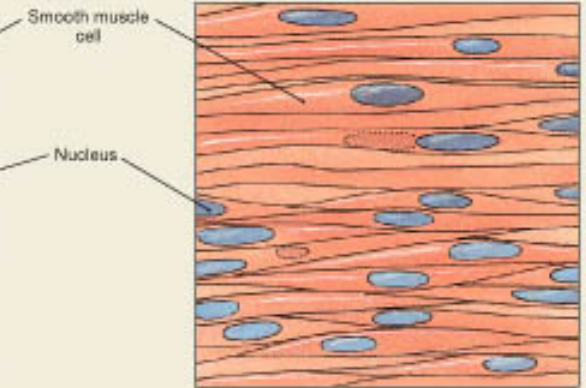
**SMOOTH MUSCLE TISSUE**  
 Cells are short, spindle-shaped, and nonstriated, with a single, central nucleus.

**LOCATIONS:** Encircles blood vessels; found in the walls of digestive, respiratory, urinary, and reproductive organs

**FUNCTIONS:** Moves food, urine, and reproductive tract secretions; controls diameters of respiratory passageways; regulates diameter of blood vessels; and contributes to regulation of tissue blood flow



Smooth muscle x 235



(c)

Fig 3.21

# Nervous tissue

- Nervous tissue is capable of transmitting electrical impulses.
- Located in the brain (96%), spinal cord, nerves
- Two types of cells:
- Neurons-transfer and process information  
Neuroglia-supporting cells
- 5 neuroglia cells to 1 neuron



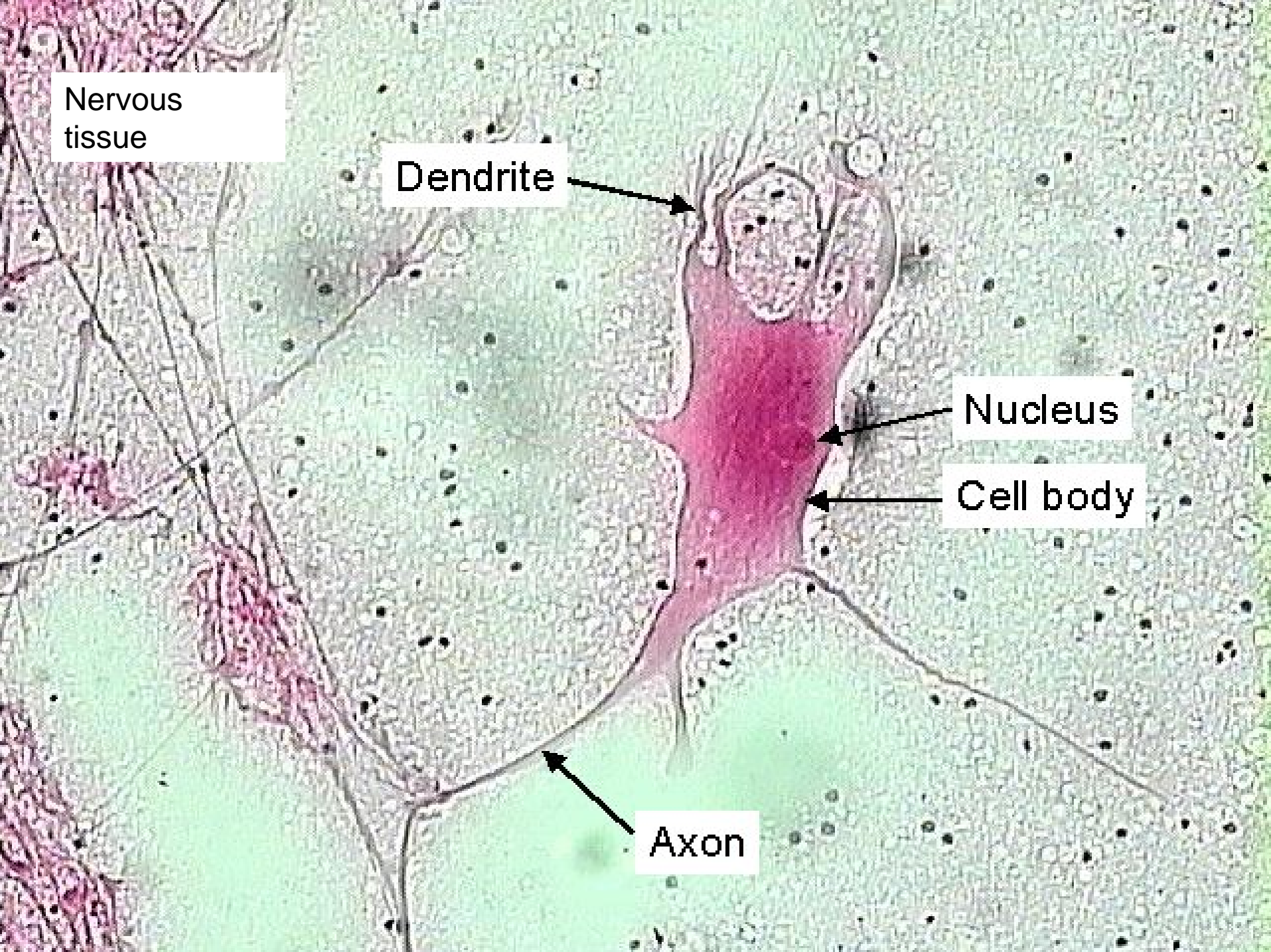
Nervous tissue

Dendrite

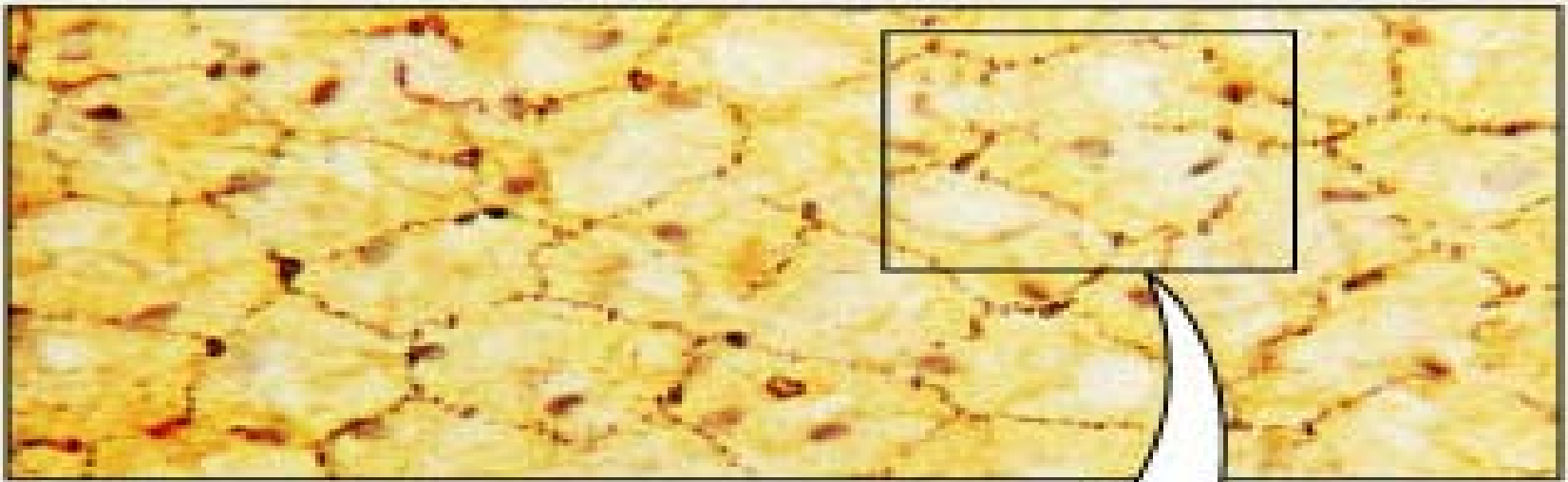
Nucleus

Cell body

Axon



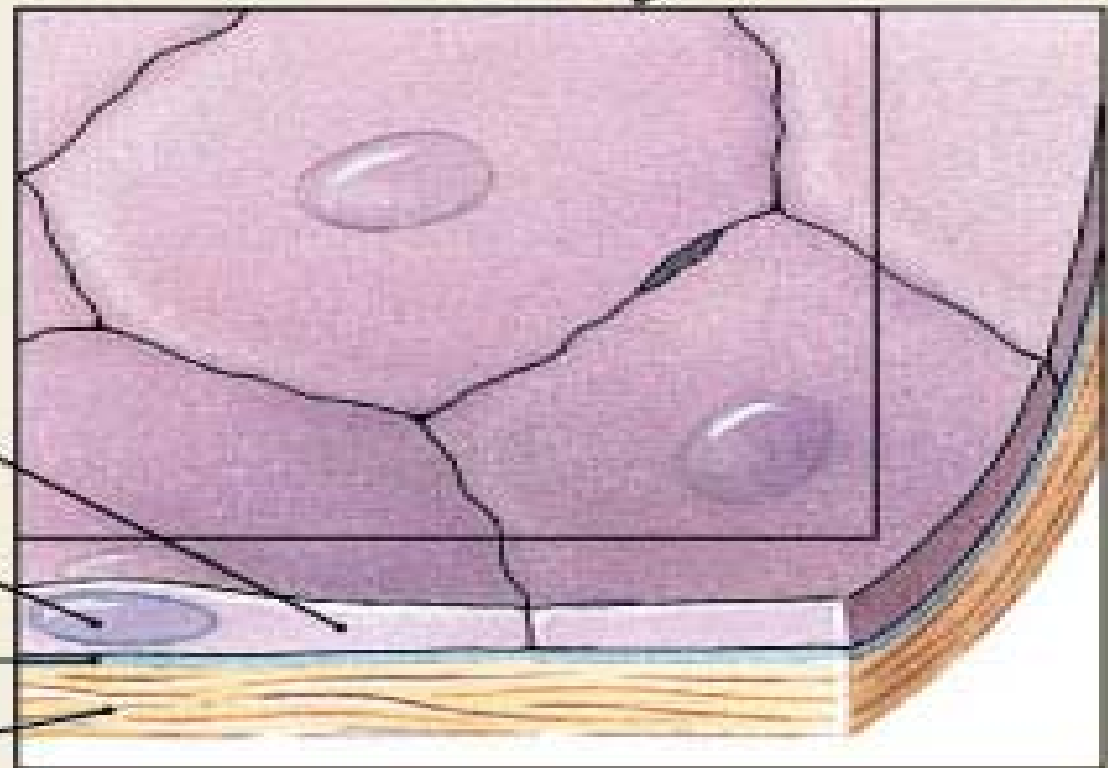
# Lab 4



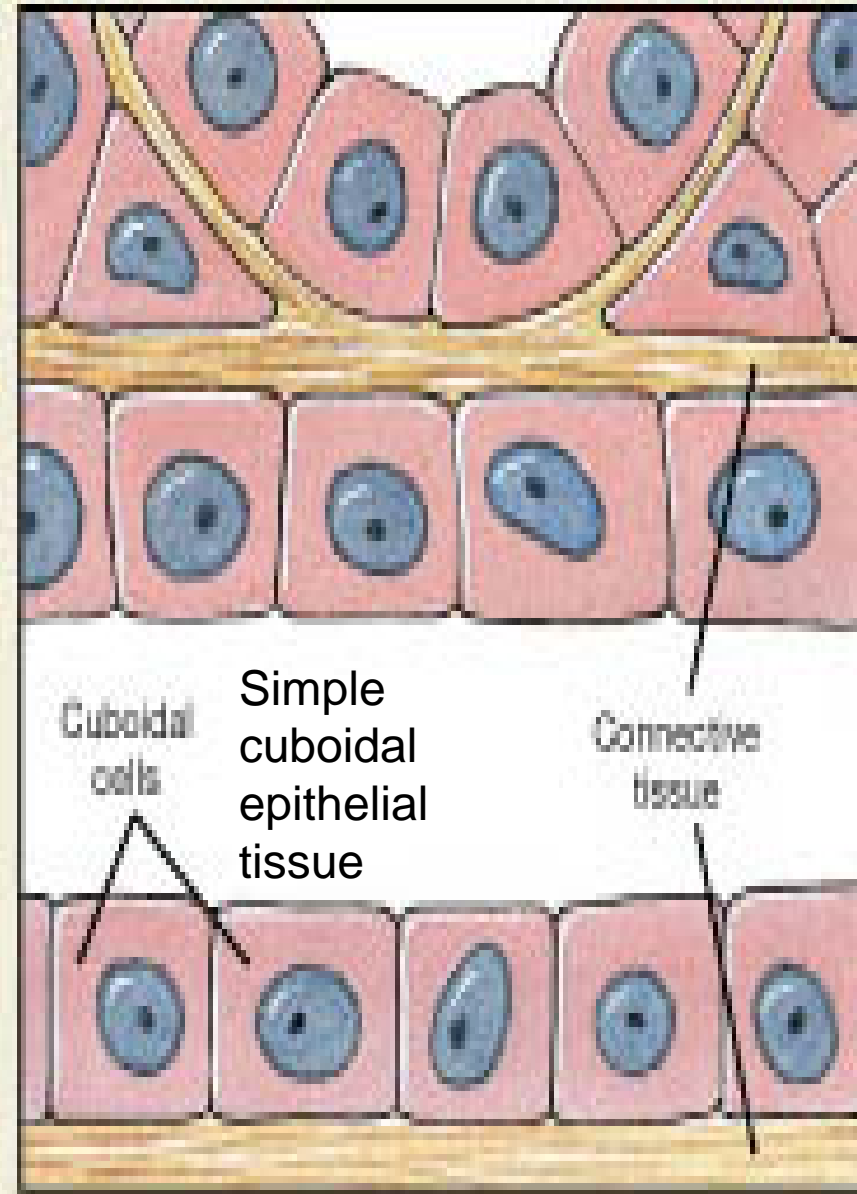
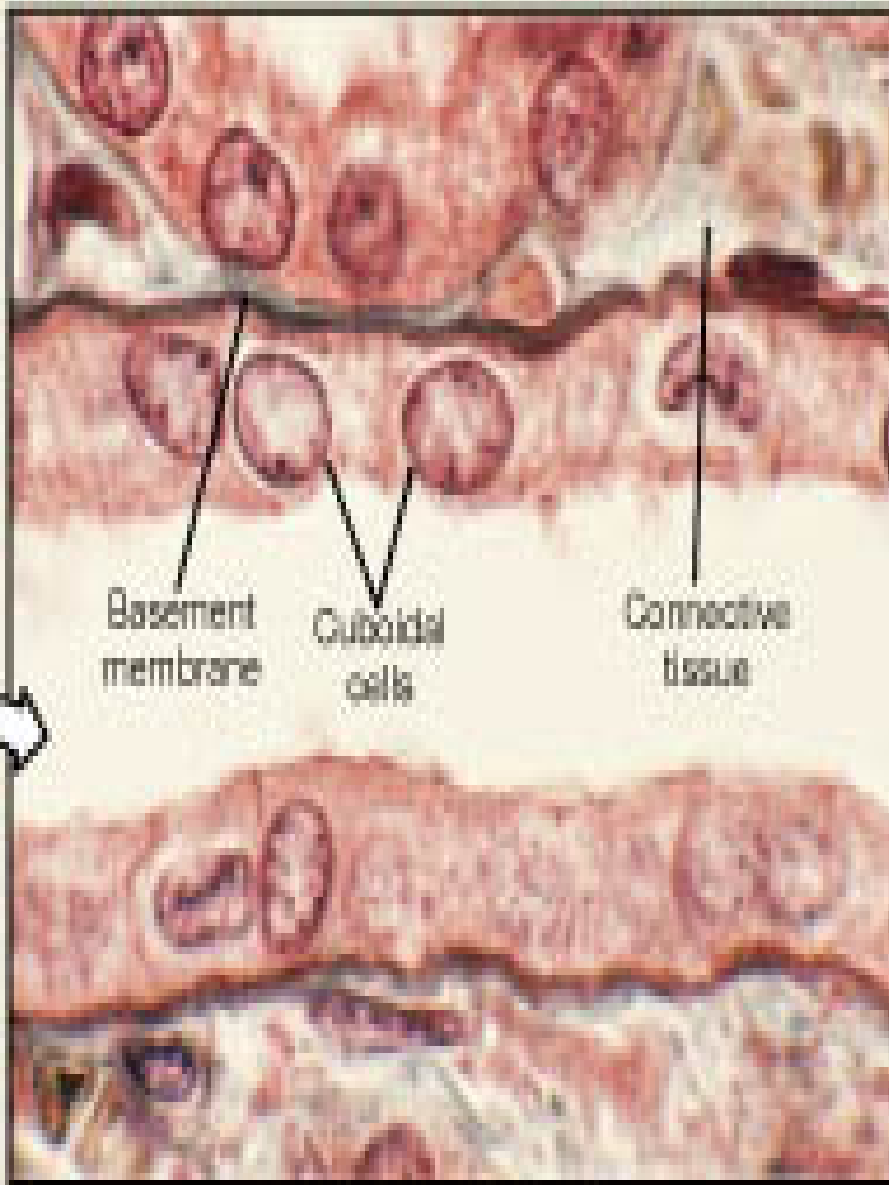
Mesothelium  $\times 197$

Simple  
squamous  
epithelial  
tissue

Cytoplasm  
Nucleus  
Basement membrane  
Connective tissue



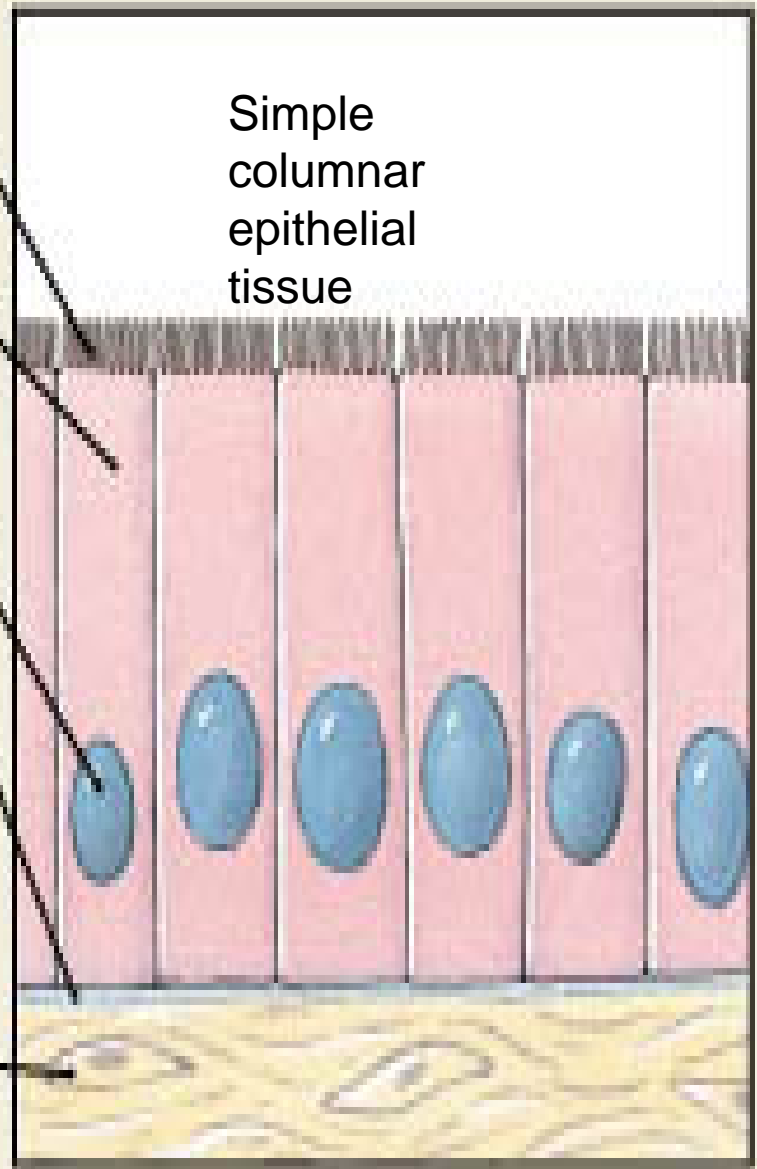
(a)





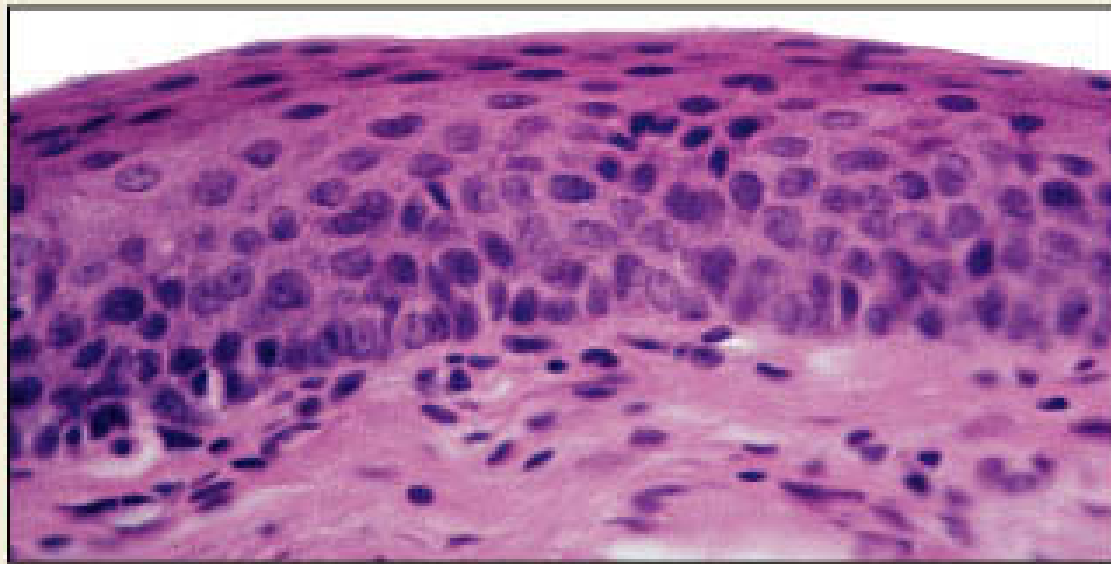
Intestinal lining  $\times 350$

- Microvilli
- Cytoplasm
- Nucleus
- Basement membrane
- Loose connective tissue

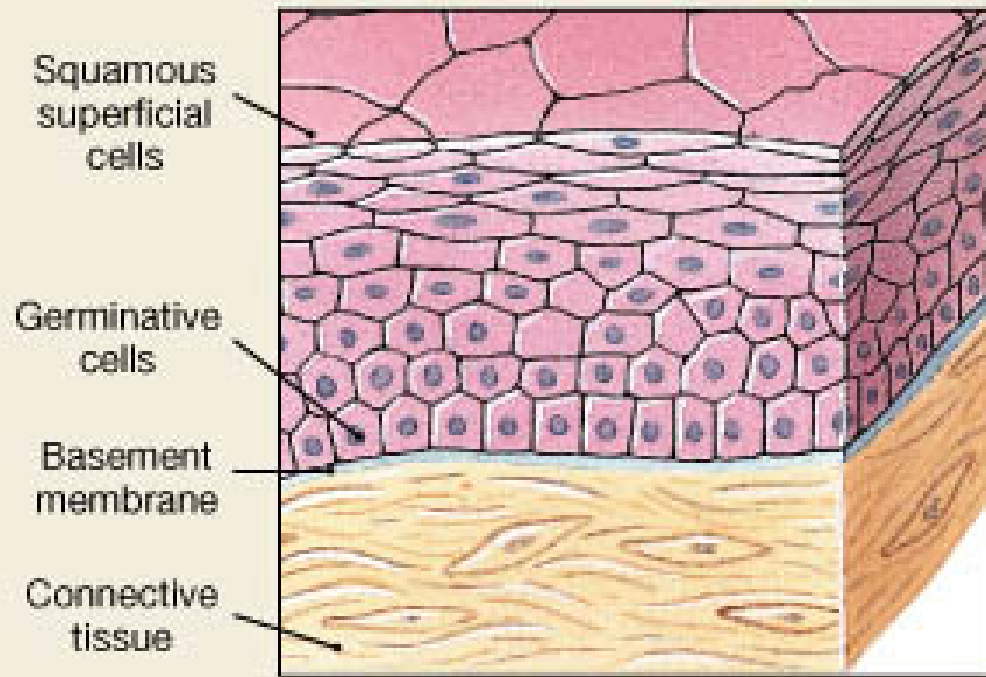


Simple columnar epithelial tissue

(a)

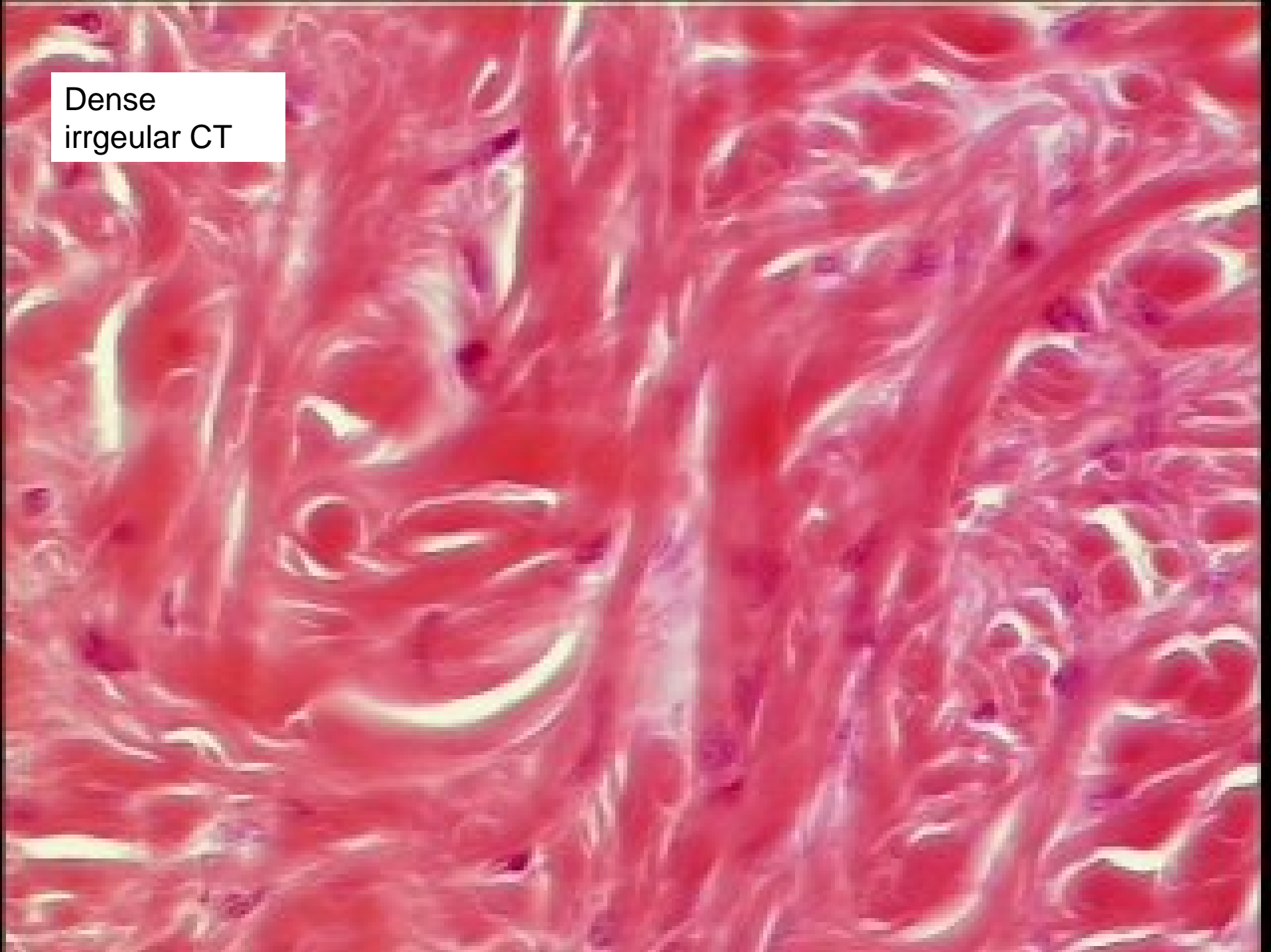


Stratified squamous epithelium (nonkeratinized)  $\times 310$



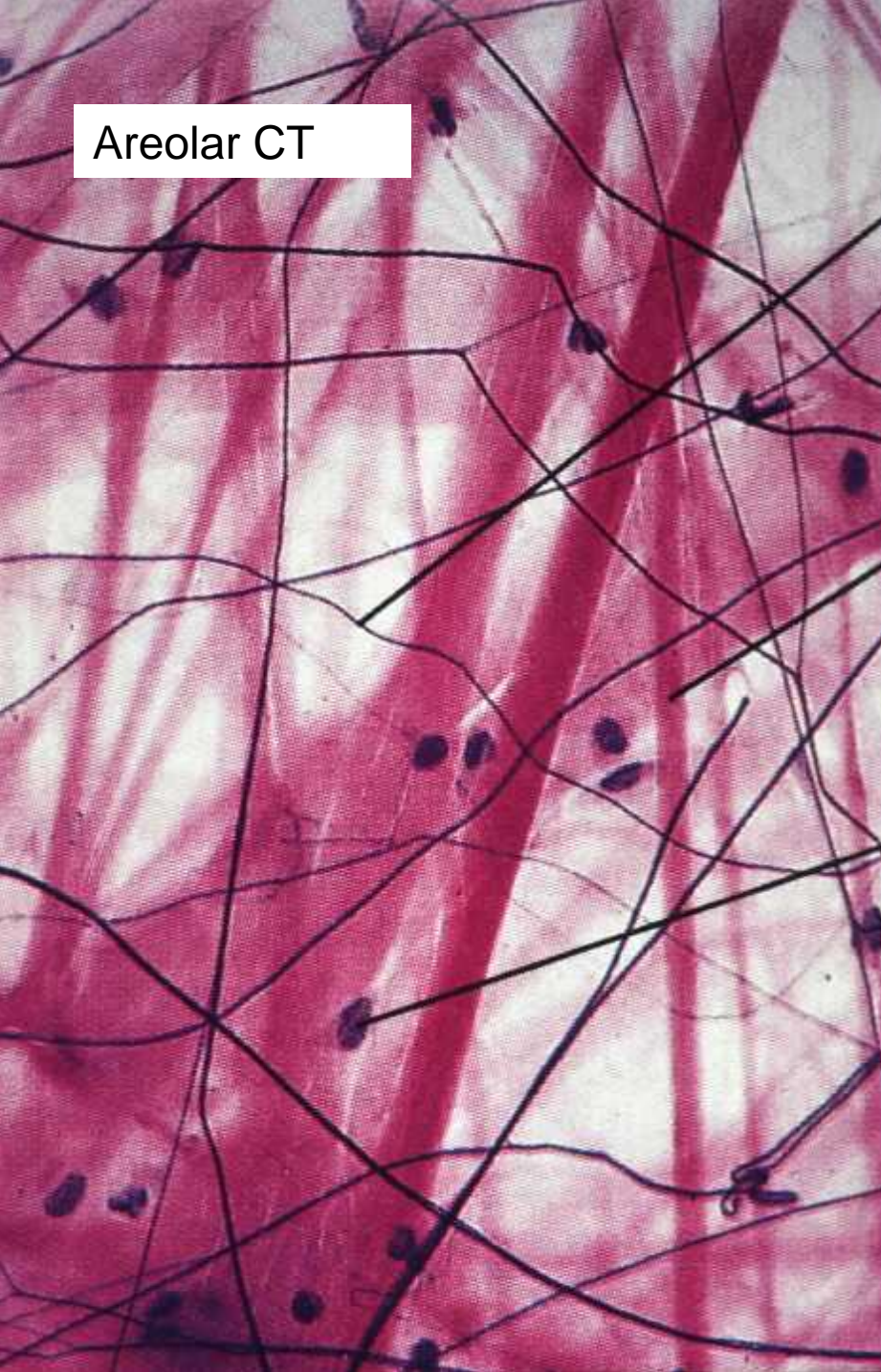
(b)

Dense  
irregular CT





Areolar CT



Adipose CT

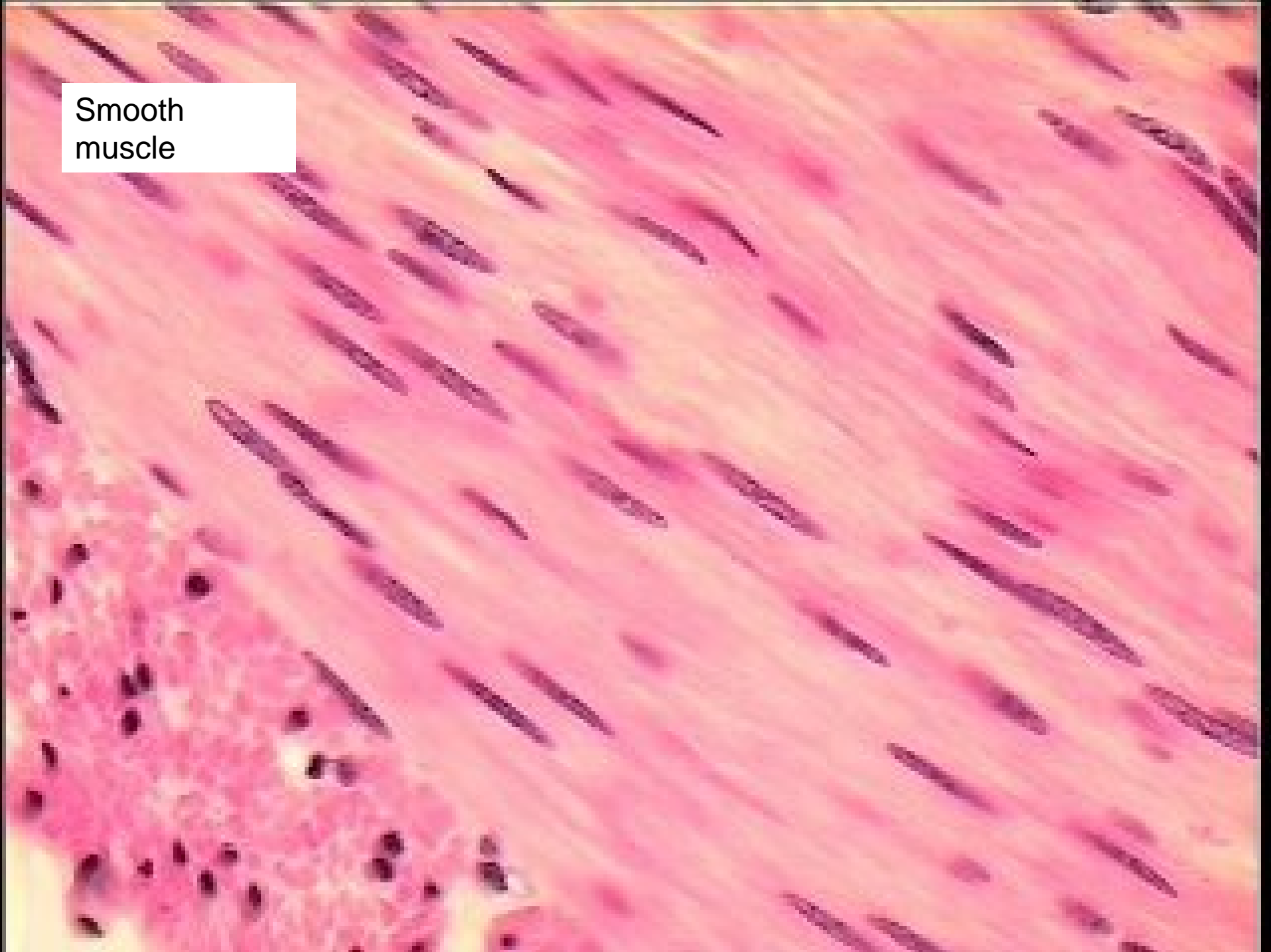




Hyaline cartilage



Smooth  
muscle



Nervous tissue

Dendrite

Nucleus

Cell body

Axon

