

#4

COMPLETE

Collector: Live Link (Web Link)
Started: Monday, January 27, 2020 9:51:51 AM
Last Modified: Monday, January 27, 2020 12:38:23 PM
Time Spent: 02:46:31
IP Address: 160.227.129.179

Page 1: Supplies, Equipment, Furniture, and Other Request Form

Q1 Contact Person:

Name	Rob Wojtkowski
Email Address	rob.wojtkowski@gcccd.edu

Q2 Department:

Kinesiology (Exercise Science)

Q3 Title of Request:

TRX equipment for D205 (functional fitness)

Q4 Location of Request:

D205

Q5 Type of Request:

Equipment

Q6 Description of Request: Please provide a description of the supplies, equipment, furniture or other request. When making your request, please be as specific as possible and include information such as make, model, manufacturer, color, quantity, etc.

TRX Lightweight suspension trainers \$179 each (30 total \$5370)

TRX MultiMount Systems (5-Student System) \$699 (6 total \$4194)

Q7 Estimated Cost:

\$10,000

Q8 Please attach quote, if available

Respondent skipped this question

Q9 Total Cost of Ownership:Can this request be maintained with existing funding sources? If not, please explain your plan to maintain this request. Example: potential yearly service agreements, warranties, and replacement costs.

This request can be maintained with existing funding sources. The Kinesiology (Exercise Science) has funds to maintain our fitness center (D203) and other courses. The TRX equipment will be easier to maintain then our current equipment. We have replacement funds in our department budget to replace broken equipment.

Q10 Justification of Request:Please select the applicable criteria and provide the details how the criteria relate to your request.

Health and safety,

Critical need,

Program expansion,

Impact on student success and access,

Innovation,

Provided details::

Purchase TRX equipment (functional fitness) to offer functional fitness classes that will better serve our college population. The TRX equipment is being used by private fitness gyms, personal trainers and individuals. Many of the students that take Kinesiology (Exercise Science) classes at Cuyamaca College are unique to our campus. Many are older or with disabilities. While we offer two adaptive classes (ES 001) a semester, we do not have the equipment necessary to teach our ES 001 or other courses effectively. The TRX system uses students own body weight when exercising which will allow students of all ages and fitness ability levels to take advantage of the curriculum in the class. The Kinesiology (Exercise Science) department's student characteristics have changed over the past five years according to the data provided by the college. In Spring 2015 22% of the Kinesiology (Exercise Science) student population was over 40 years old. As of Spring 2019 27% of the Kinesiology (Exercise Science) student population is over over 40 years old. If this trend continues, the Kinesiology (Exercise Science) department will be serving over one third of its students who are over 40 years old. We need equipment that will be appropriate for our students. We need equipment like this TRX system that will be safe for our students and prevent injuries.

Q11 Program Goal:Please identify the program goal(s) this request would help your program achieve and provide a brief explanation of how it would do so.

The Kinesiology (Exercise Science) department is confident when the TRX system is placed in D205, our classes (ES 001, ES 10, ES 11, ES 12, ES 19abc, ES 206, ES 209, ES 218, ES 230, ES 227, ES 248.) that use this system will not only increase in file rate but also increase in popularity. The college will be able to offer more classes utilizing this equipment.