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COMPLETE

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First Name: Lori
Last Name: Senini
Email: lori.senini@gcccd.edu
IP Address: 160.227.129.204

Page 1: I. Program Overview and Update

Q1 Service Area(s) Reviewed:

Health Services

Q2 Lead Author and Collaborators:

Lori Senini, RN, MSN, MBA, Health Services Supervisor Priscilla Bartholomew, RN, BSN, Staff Nurse Rieko Suto, RN, BSN, Staff Nurse

Q3 Lead/Dean:

Lauren Vaknin

Q4 Service Area Update (Required): Please summarize the changes, additions, and achievements that have occurred in your service area since the last program review annual update. Note you can access previous years' program reviews here (requires a District username and password).

During the 2017--2018 year, we developed the food pantry for the students with food insecurities. Utilizing peer health educators/student workers, expanded health education and outreach, to students/staff related to stress management, depression, and suicide prevention while incorporating the music and art for relaxation model.

Expanded mental health counseling services and relaxation/stress management training to students of diverse cultural backgrounds and veterans.

Established a Contemplation/Meditation Room at the Health & Wellness Center.

Collaborated with personal health and fitness instructors to provide students' body mass index assessments and counseling regarding diet, exercise and cardiovascular disease in the health center and classroom setting.

Continued monthly Wellness Walks reaching out to students, faculty and staff.

Expanded coordination with community resources such as Family Health Centers, Borrego Health Centers, Vet Center, and Community Solutions Domestic Violence Prevention Center to improve access to health care and health insurance coverage.

Page 2: II. Student Learning Outcomes/Student Services Outcomes Assessment Reflection

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Q5 Please provide a summary of your service area's student learning outcome (SLO) and student services outcome (SSO) assessment efforts and findings from 2017/18. For assistance locating assessment information stored in TracDat, please contact the Institutional Effectiveness, Success, and Equity Office at brianna.hays@gcccd.edu.

SLO 1 In the areas of Student Access and Critical Thinking, students will be able to describe at least 3 effective tools to manage stress.
Method of assessment: Students who attended the 2018 Health Fair took a survey and listed 3 effective tools to manage stress.

Measure of success:

95% of students who attended the 2018 Health Fair were able to describe a least 3 effective tools to manage stress; 85% expressed satisfaction in the event.

SLO 2 In the areas of Student Learning and Personal Responsibility, students will be able to define 3 health habits consistent with a healthy diet and exercise regime.

Method of assessment: Students who participate in the 2017-2018 Wellness Walks will take a survey and define 3 health habits consistent with a healthy diet and exercise regime.

Measure of success: 75% of students who participated in the 2017-2018 Wellness Walks were able to define 3 health habits consistent with a healthy diet and exercise regime.

SLO 3 In the areas of Student Learning and Personal Responsibility, students will be able to identify 3 community health clinics and /or medical resources in their living area.

Method of assessment: Students who attend the Health & Wellness Outreach and Education events will be able to identify 3 community health clinics and/or medical resources in their living area.

Measure of Success:

75% of students who attended the Health & Wellness Outreach and Education events were able to identify 3 community health clinics and/or medical resources in their living area.

Q6 OPTIONAL: Please use the button below to upload any additional/supporting documentation (in Word or PDF format) for the above question.

Respondent skipped this question

Q7 How did (or will) your service area use its 2017/18 SLO and SSO assessment findings to advance student success and improve services to students?

The SLOs Assessment findings for 2017/18 provided data to support expansion of culturally diverse health education and outreach to include staff that speak English, Arabic and Spanish. Other expanded services included the development of the Contemplation Room at the Health & Wellness Center as well as increased available mental health counseling services at Cuyamaca College.

Q8 OPTIONAL: Please use the button below to upload any additional/supporting documentation (in Word or PDF format) for the above question.

Respondent skipped this question

Q9 What are your service area's assessment plans (i.e., which SLOs and/or SSOs will be assessed) for 2018/19?

The SLOs for Health Services to be included in 2017/18 services area plans will be:

SLO 1 In the areas of Student Access and Critical Thinking, students will be able to describe at least 3 effective tools to manage stress.

SLO 2 In the areas of Student Learning and Personal Responsibility, students will be able to define 3 health habits consistent with a healthy diet and exercise regime.

SLO 3 In the areas of Student Learning and Personal Responsibility, students will be able to identify 3 community health clinics and /or medical resources in their living area.

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Q10 OPTIONAL: Please use the button below to upload any additional/supporting documentation (in Word or PDF format) for the above question. **Respondent skipped this question**

Page 3: III. Student Achievement and Institutional Effectiveness

Q11 Please review any research data and/or reports for your service area and summarize the findings and implications for practice.

200 of students/staff received BMI and/or blood pressure screenings and diet/exercise education

Monthly Wellness Walks averaged 58 participants per month for a total of 404 individuals. 150 students/staff received flu vaccinations and 70 units of blood donations during 2017/18.

Total health visits to Health & Wellness Center for students totaled 1099. The Harvest Food Pantry total was 4,104 visits. Surveys were collected regarding satisfaction of services and student needs for financial, nursing and mental health surveys.

Q12 OPTIONAL: Please use the button below to upload any additional/supporting documentation (in Word or PDF format) for the above question.

The Harvest Food Pantry17-18.docx (22.2KB)

Q13 What steps will the service area take to improve services and/or outcomes (e.g., course success, persistence, degree/certificate completion, or transfer) for the College's disproportionately impacted student groups? To access a detailed report on the College's equity data, click here. To access college-wide student demographic and outcome data, click here.

The Health & Wellness Center has expanded outreach and education efforts that address the needs of students of diverse socio-economic and cultural backgrounds. Ongoing efforts to provide community referrals for students experiencing food and/or housing insecurities.

Q14 OPTIONAL: Please use the button below to upload any additional/supporting documentation (in Word or PDF format) for the above question.

Satisfaction Survey.docx (12.1KB)

Page 4: IV. Previous Goals: Update (If Applicable)

Q15 Would you like to provide an update for your previous program review goal(s)? **Yes**

Page 5: Previous Goal 1

Q16 Previous Goal 1:

Provide access to quality health care and education for all students seeking assistance.

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Q17 Link to College Strategic Goal(s):

**Student Validation and
Engagement
Organizational Health**

Q18 Goal Status

In Progress

Q19 How was the goal evaluated? If the goal is "in progress," how will it be evaluated?

In the areas of Student Learning and Personal Responsibility, students will be able to describe 3 tools for stress management and why they are effective. 2017-2018: Students that attend the 2018 Annual Health Fair and health outreach events will take a survey and list 3 effective tools to manage stress.

Q20 Please provide the rationale for this goal:

Mental health issues is the most common ailment that students present to Health Services. Nursing interventions are geared toward including stress management training at all contacts with students.

Q21 Please provide the goal action steps for the year (previously "Activities"):

Outreach education regarding stress management and suicide prevention is included in weekly educational events and bi-yearly health fairs.

Q22 ****OPTIONAL**** Previous Goal 1 Additional Documentation: If you have any additional documentation you would like to include in relation to this goal, please use the "Upload" button below. You can upload a Word document or PDF file.

Respondent skipped this question

Q23 Do you have another goal to update?

Yes

Page 6: Previous Goal 2

Q24 Previous Goal 2:

Support the development of a comprehensive health delivery system for students by linkage of college health services with available

Q25 Link to College Strategic Goal(s):

**Student Validation and
Engagement**

Q26 Goal Status

In Progress

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Q27 How was the goal evaluated? If the goal is "in progress," how will it be evaluated?

In the areas of Student Access and Personal Responsibility, students will be able to identify 2-3 community resources to meet their health and wellness needs (medical, dental, behavioral, social, financial, etc.)

Student Self-Assessment 2017-2018: students who attend the 2018 Annual Health Fair and health outreach events will take a survey and identify 3 community health clinics and/or medical resources in their living area.

Q28 Please provide the rationale for this goal:

Student health services provide basic physical and mental health assessments with limited mental health services available. For this reason, students are linked with expanded community health services to meet their personal health needs.

Q29 Please provide the goal action steps for the year (previously "Activities"):

At each student visits to Health Services, the student is assessed for physical, mental health and social needs and referred to community resources as needed.

Q30 ****OPTIONAL**** Previous Goal 2 Additional

Documentation: If you have any additional documentation you would like to include in relation to this goal, please use the "Upload" button below. You can upload a Word document or PDF file.

Respondent skipped this question

Q31 Do you have another goal to update?

Yes

Page 7: Previous Goal 3

Q32 Previous Goal 3:

Implement health education programs on campus that utilize both student services and community health resources.

Q33 Link to College Strategic Goal(s):

Student Validation and Engagement

Q34 Goal Status

In Progress

Q35 How was the goal evaluated? If the goal is "in progress," how will it be evaluated?

In the areas of Student Learning and Personal Responsibility, students will be able to describe available student health services and local health resources.

why they are effective.

Survey 2017-2018: Students that attend the 2018 Annual Health Fair and health outreach events will take a survey and list 3 effective tools to manage stress.

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Q36 Please provide the rationale for this goal:

For students to be productive, they need to be linked to student health and community resources to meet their personal needs.

Q37 Please provide the goal action steps for the year (previously "Activities"):

At weekly health educational outreach events and at the bi-yearly health fairs, students will have access to student health information including available community resources.

Q38 ****OPTIONAL**** Previous Goal 3 Additional Documentation: If you have any additional documentation you would like to include in relation to this goal, please use the "Upload" button below. You can upload a Word document or PDF file.

Respondent skipped this question

Q39 Do you have another goal to update?

No

Page 8: Previous Goal 4

Q40 Previous Goal 4:

Respondent skipped this question

Q41 Link to College Strategic Goal(s):

Respondent skipped this question

Q42 Goal Status

Respondent skipped this question

Q43 How was the goal evaluated? If the goal is "in progress," how will it be evaluated?

Respondent skipped this question

Q44 Please provide the rationale for this goal:

Respondent skipped this question

Q45 Please provide the goal action steps for the year (previously "Activities"):

Respondent skipped this question

Q46 ****OPTIONAL**** Previous Goal 4 Additional Documentation: If you have any additional documentation you would like to include in relation to this goal, please use the "Upload" button below. You can upload a Word document or PDF file.

Respondent skipped this question

Q47 Do you have another goal to update?

Respondent skipped this question

Page 9: Previous Goal 5

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Q48 Previous Goal 5: Respondent skipped this question

Q49 Link to College Strategic Goal(s): Respondent skipped this question

Q50 Goal Status Respondent skipped this question

Q51 How was the goal evaluated? If the goal is "in progress," how will it be evaluated? Respondent skipped this question

Q52 Please provide the rationale for this goal: Respondent skipped this question

Q53 Please provide the goal action steps for the year (previously "Activities"): Respondent skipped this question

Q54 ****OPTIONAL**** Previous Goal 5 Additional Documentation: If you have any additional documentation you would like to include in relation to this goal, please use the "Upload" button below. You can upload a Word document or PDF file. Respondent skipped this question

Page 10: V. New Goals (If Applicable)

Q55 Would you like to propose any new goal(s)? **No**

Page 11: New Goal 1

Q56 New Goal 1: Respondent skipped this question

Q57 Link to College Strategic Goal(s): Respondent skipped this question

Q58 Please provide the rationale for this goal: Respondent skipped this question

Q59 Please provide the goal action steps for the year (previously "Activities"): Respondent skipped this question

Q60 How will the goal be evaluated? Respondent skipped this question

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Q61 **OPTIONAL New Goal 1 Additional Documentation:** If you have any additional documentation you would like to include in relation to this goal, please use the "Upload" button below. You can upload a Word document or PDF file. **Respondent skipped this question**

Q62 Do you have another new goal? **Respondent skipped this question**

Page 12: New Goal 2

Q63 New Goal 2: **Respondent skipped this question**

Q64 Link to College Strategic Goal(s): **Respondent skipped this question**

Q65 Please provide the rationale for this goal: **Respondent skipped this question**

Q66 Please provide the goal action steps for the year (previously "Activities"): **Respondent skipped this question**

Q67 How will the goal be evaluated? **Respondent skipped this question**

Q68 **OPTIONAL New Goal 2 Additional Documentation:** If you have any additional documentation you would like to include in relation to this goal, please use the "Upload" button below. You can upload a Word document or PDF file. **Respondent skipped this question**

Page 13: VI. Resources Needed to Fully Achieve Goal(s)

Q69 Is the program requesting resources this year to achieve this goal? **Yes**

Page 14: V. Faculty Resource Needs

Q70 Are you requesting one or more faculty positions to achieve this goal? **No**

Page 15: Faculty Position Request(s)

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Q71 Please remember to complete the Faculty Position Request Form (accessible here, under Staffing Request Information) for this position that you are requesting and upload it using the button below. The Faculty Position Request Form (In Word) can be located here (under Staffing Request Information). Brief Description of the Position Requested:

Respondent skipped this question

Q72 Related Program Goal(s):

Respondent skipped this question

Q73 Faculty Position Request Upload 1: Please upload the completed faculty request form for the above position using the button below. You can access the Word version of the Faculty Position Request Form here.

Respondent skipped this question

Q74 Faculty Position Request 2 (if applicable): Please remember to complete the Faculty Position Request Form (accessible here, under Staffing Request Information) for this position that you are requesting and upload it using the button below. The Faculty Position Request Form (In Word) can be located here (under Staffing Request Information). Brief Description of Position Requested:

Respondent skipped this question

Q75 Related Program Goal(s):

Respondent skipped this question

Q76 Faculty Position Request Upload 2: Please upload the completed faculty request form for the above position using the button below. You can access the Word version of the Faculty Position Request Form here.

Respondent skipped this question

Page 16: VI. Classified Staff Resource Needs

Q77 Are you requesting one or more classified positions to achieve this goal? **No**

Page 17: Classified Staff Position Request(s)

Q78 Classified Staff Position Request 1: Please remember to complete the Classified Staff Position Request Form (accessible here, under Staffing Request Information) for this position you are requesting. Brief Description of Position Requested:

Respondent skipped this question

Q79 Classified Staff Position 1 Related Program Goal(s): **Respondent skipped this question**

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Q80 Classified Staff Position 1 Request Upload: Please upload a completed Classified Position Request Form for this request using the button below. You can access the Word version of the Classified Position Request Form here. **Respondent skipped this question**

Q81 ***OPTIONAL***Please use the button below to upload the position classification description (obtained from HR). **Respondent skipped this question**

Q82 Classified Staff Position Request 2: Please remember to complete the Classified Staff Position Request Form (accessible here, under Staffing Request Information) for each position you are requesting. Brief Description of Position Requested: **Respondent skipped this question**

Q83 Classified Staff Position 2 Related Program Goal(s): **Respondent skipped this question**

Q84 Classified Staff Position Request 2 Upload: Please upload a completed Classified Position Request Form for this request using the button below. You can access the Word version of the Classified Position Request Form here. **Respondent skipped this question**

Q85 ***OPTIONAL***Please use the button below to upload the position classification description (obtained from HR). **Respondent skipped this question**

Page 18: VII. Technology Resource Needs

Q86 Are you requesting technology resources to achieve this goal? **No**

Page 19: Technology Request(s)

Q87 Technology Request 1: Please remember to complete a Technology Request Form for each request you are submitting. You can access the online Technology Request Form here: Technology Request Form **Respondent skipped this question**

Q88 Technology Request 2: Please remember to complete a Technology Request Form for each request you are submitting. You can access the online Technology Request Form here: Technology Request Form **Respondent skipped this question**

Page 20: VIII. Perkins and Strong Workforce Resource Needs

Q89 Are you requesting Perkins and/or Strong Workforce resources to achieve this goal? **No**

Page 21: Perkins Request and Strong Workforce

Q90 Perkins Request and Strong Workforce 1: Please remember to complete the Perkins Request Form and submit it via the annual Perkins/Strong Workforce request process/cycle. **Respondent skipped this question**

Q91 Perkins Request and Strong Workforce 2: Please remember to complete the Perkins Request Form and submit it via the annual Perkins/Strong Workforce request process/cycle. **Respondent skipped this question**

Page 22: IX. Supplies/Equipment Resource Needs

Q92 Are you requesting supplies and/or equipment resources to achieve this goal? **Yes**

Page 23: Supplies/Equipment Request(s)

Q93 Supplies/Equipment Request 1: In the boxes below please provide information on your request. Supplies/Equipment requests will be considered on a one-time funding basis.

Description:	Electric cart
Amount Requested \$:	\$5-7,000
Related Program Review Goal(s):	Provide access to quality health care and education for all students seeking assistance.

Q94 Supplies/Equipment Documentation 1: Please upload any supplies/equipment quotes or additional documentation for this request. **Respondent skipped this question**

Q95 Supplies/Equipment Request 2: In the boxes below please provide information on your request. Supplies/Equipment requests will be considered on a one-time funding basis. **Respondent skipped this question**

Q96 Supplies/Equipment Documentation 2 : Please upload any supplies/equipment quotes or additional documentation for this request. **Respondent skipped this question**

Page 24: X. Facilities Resource Needs

Q97 Are you requesting facilities resources to achieve this goal? **No**

Page 25: Facilities Request

Q98 Facilities Request 1: Please provide the information below and remember to complete a Facilities Request Form accessible here: [Facilities Request Form](#) **Respondent skipped this question**

Q99 Facilities Request 2: Please provide the information below and remember to complete a Facilities Request Form, accessible here: [Facilities Request Form](#) **Respondent skipped this question**

Page 26: XI. Professional Development Resource Needs

Q100 Are you requesting professional development resources to achieve this goal? **No**

Page 27: Professional Development Request

Q101 Professional Development Request 1: Please provide the information identified below and follow the process for requesting professional development funds, outlined here. **Respondent skipped this question**

Q102 Professional Development Request 2: Please provide the information identified below and follow the process for requesting professional development funds, outlined here. **Respondent skipped this question**

Page 28: XII. Other Resource Needs

Q103 Are you requesting any other resources to achieve this goal? **No**

Page 29: Other Resource Requests

Q104 Other Resource Requests 1: Other resource requests will be considered on a one-time funding basis. Please fill in the information below. **Respondent skipped this question**

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Q105 Other Resource Requests 2: Other resource requests will be considered on a one-time funding basis. Please fill in the information below.

Respondent skipped this question

Page 30

Q106 Are you ready to submit your program review? If you click "No," you will be redirected to the start of the program review module.

Respondent skipped this question