



Cross Cultural Center
Cuyamaca College



CUYAMACA
COLLEGE

DIVERSITY DIALOGUES



SPRING SEMESTER 2020

PURPOSE

These workshops, which will be offered on a regular basis, will focus on a variety of diversity awareness and social justice topics. Students will receive a stamp for every workshop they attend—students, who have completed

a minimum of three workshops during the Fall and Spring Semesters, will earn a “Diversity & Leadership” co-curricular certificate and will be recognized for their efforts at the Student Leaders Reception in May.

WORKSHOP SCHEDULE

Samahan Filipino American Performers February 11, 2020

3:00 to 4:00 PM
Student Center, I-207
Presented by: The Pakaraguian Kulintang Ensemble of the Samahan Filipino American Performing Arts & Education Center
The Pakaraguian Kulintang Ensemble of the Samahan Filipino American Performing Arts & Education Center performs traditional gong-chime music and dances from the southern Philippines. The group was formed in 2003 by UCLA alumni and musicians from Samahan in San Diego. Pakaraguian educates, performs, and lectures at various festivals, university campuses, and conferences around southern California.

Military Mental Health February 18, 2020

11:00 AM to 12:00 PM
Student Center, I-207
Presented by: Allan Estrada, Veterans Services Specialist, Cuyamaca College
This workshop is a general overview of some of the trauma-induced mental health issues that surround our military services members and veterans. Learn the history of PTSD, the consequences, the risk factors and the services available to veterans and military personnel.

A Muslim's Perspective February 20, 2020

12:00 to 1:00 PM
Student Center, I-207
Presented by: Halima Eid, Personal Health Counseling Graduate Trainee
This workshop will highlight the day to day struggles of Muslims. The presenter will discuss microaggressions, islamophobia, and the cultural differences related to Muslim communities.

The Lead and Empower Her SHE Talks Conference March 7, 2020

9:00 AM to 2:00 PM
Student Center, I-207, I-208, I-209
Presented by: Dr. Justine Siegal, Dr. Julie Duchrme, Renee Kohn
The Lead and Empower Her SHE talks will bring together insights from a diverse range of females from the entertainment industries, military, and academics to share their stories of empowerment, breaking barriers, making change. The SHE talks will feature various keynote speakers. The Empowerment Team was formed to inspire and empower you in leadership, entrepreneurship, education, and more.
*Students will receive double credit for attending the conference
Register at: www.leadandempowerher.com

Unconscious Bias March 11, 2020

11:00 AM to 12:30 PM
Student Center, I-207
Presented by: Anaid Northcraft, Professional Development Specialist, Human Resources
Bias is a prejudice in favor of or against one thing, person, or group compared with another usually in a way that's considered to be unfair. Biases may be held by an individual, group, or institution and can have negative or positive consequences. Those biases can affect our behaviors and decisions in an implicit manner so an understanding of unconscious bias can help ensure consequences are positive and intentional.

Silent Sacrifices: A Dialogue from Immigrant Families—Film & Discussion March 12, 2020

3:00 to 4:30 PM
Student Center, I-207
Presented by Marc Pescadera, Personal Health Counseling Graduate Trainee
An insightful study of Filipino American family dynamics and psychologies. Silent Sacrifices delves into the cultural conflicts Filipino immigrants and their American-born children encounter on a daily basis.

Intersectionality and Social Justice April 1, 2020

2:30 to 3:30 PM
Student Center, I-207
Presented by: John Kennon, BASW and Cuyamaca Cares Social Work Intern
This workshop focuses on the ways in which intersectionality pertains to the quest for social justice. The presenter will discuss what intersectionality means and how it manifests in modern society. The way in which systems of oppression target individuals and communities based on their intersectionality will be examined and the positive ways in which intersectionality contributes to society will be addressed.

Safe Zones Training May 15, 2020

9:00 AM- 12:00 PM
Student Center, I-208 & I-209
Presented by: Nancy Jennings, Cuyamaca College Faculty, Moriah Gonzalez-Meeks, Cuyamaca College Faculty, Dr. Tania Jabour, Cuyamaca College Faculty, Cassandra Marra, Cuyamaca College Faculty, Agustin Orozco, Associate Dean of Student Services and Special Programs
The Safe Zones training program is an ally training that brings awareness of LGBTQIA issues and provides insight on improving campus climate. During this session, the presenters will provide a three-hour training, at the end of which, participants will have the opportunity to become allies. Finally, the training activities, discussion topics, and resources can be adapted in your classroom or student organization.
*Students will receive double credit for attending

If you have attended three Diversity Dialogue workshops during the 2019-2020 school year, please return your signed form to Lauren Vaknin in the Student Affairs Office (I-120) by May 20, 2020.

For additional information on the Diversity Dialogue program, please contact Lauren Vaknin in the Student Affairs Office at (619) 660-4295.

Sponsored by:
Student Affairs,
Associated Student Government &
Equity and Engagement